

OUTDOOR RECREATION

SHORT COURSES



SHORT COURSE QUALIFICATIONS OFFERED THROUGH AVONDALE

Avondale is offering short courses to meet community and industry need. These are in activity skill sets such as Bushwalking, Kayaking and Abseiling from the SIS10 Outdoor Recreation Training Package.

Avondale is a registered training organisation and qualifications from these short courses will put you in a good position to gain registration from programs like the National Outdoor Leader Registration Scheme (NOLRS). The courses are presented as a mixed mode of delivery with all theory being completed online and practical assessments being completed in the field where applicable.

UNIQUE STUDENT IDENTIFIER

From January 2015, as part of new Government requirements, all Vocational Education and Training (VET) students are required to have a Unique Student Identifier (USI). If you intend to enrol in an Outdoor Recreation Short Course and have not yet applied for your USI it is free and easy for you to create your own USI online at www.usi.gov.au. Please ensure that you have the required documentation to obtain a USI prior to proceeding: see www.usi.gov.au/create-your-USI/Pages/default.aspx. Once you have applied to enrol in an Outdoor Recreation Short Course your enrolment will be processed and you will then be asked to provide your USI by logging into our Student Connect system.

QUALIFICATIONS FOR ACTIVITY SKILL SETS

These qualifications will be issued as Statements of Attainment from the Certificate III/Certificate IV in Outdoor Recreation, which is the recommended certification for those who are seeking recognition of prior learning and who wish to guide organised groups and others in the following activity areas.

I **Abseiling Guide Single Pitch (Natural Surfaces):**

Abseiling single pitch involves descending vertical or near vertical surfaces using ropes and descending friction devices where there is access to the top and bottom of the cliff.

I **Bushwalking Guide Controlled Environment:**

Controlled bushwalking involves walking on tracked and easy untracked areas that are reliably marked on maps, and are obvious on the ground for a day or overnight bushwalk.

I **Bushwalking Guide Intermediate:**

Intermediate bushwalking involves walking in a range of unpredictable environments and locations, such as difficult or trackless areas with limited modifications to natural surface, or areas where track alignment is indistinct in places for a day or overnight bush walk.

I **Bushwalking Guide Uncontrolled:**

Uncontrolled bushwalking involves walking in remote and difficult locations such as extreme bushland, arid, alpine or rainforest areas with no supervision and no modifications to natural surface on extended trips (i.e., multiple days).

I **Canoeing/Kayaking Guide Flat Water:**

Canoeing and kayaking has a broad scope. It involves paddling activities done in a variety of different locations from rivers and lakes to estuaries and open water

OUTDOOR RECREATION SHORT COURSE STRUCTURE FOR EACH ACTIVITY SKILL SET

Outdoor Recreation Short Course Structure

The courses are divided up into two delivery sessions with the opportunity of gaining qualifications for each. The first group of units is the (PLA) outdoor supervision cluster (compulsory) and can be achieved online so candidates can start supervising as soon as possible. If you then wish to gain the qualification for an activity cluster (PSA) of units then through online learning and a two day practical assessment, successful completion of the units will enable a statement of attainment to be issued which would satisfy the requirements for running activities for any school, pathfinder club or peak body. If a full activity skill set is desired, then a current First Aid Certificate would have to be supplied indicating competency in the unit HLTAID003 Provide First Aid. A Statement of Attainment from the Certificate III will then be issued for the full activity skill set which can then be used as a basis for the registration requirements of programs like the National Outdoor Leadership Registration Scheme (NOLRS). If you wish to achieve an advanced bushwalking skill set, then these qualifications will be issued at their respective AQF levels. Guide - Intermediate is a cluster of units from the Certificate IV and Guide - Uncontrolled is a cluster of units from the Diploma.

Once core units have been achieved for your first course those units will not have to be repeated and if you wish to gain competence in another activity the course will be costed on what is left to be completed from that skill set. Details of the units are included in the short course booklet that follows this introduction.

Online Units:

All units have an online component which can include instructional videos which are voiced over, multi-choice tests, assignments, log books, journals, observation and third party reports detailing performance. Enrolment needs to be completed and paid for, before online learning can commence.

Practical Assessment:

Five candidates are required for an assessment in a particular area, at a local conference site. Pre-activity information will be sent prior to the assessment date on logistics, hazards and equipment that will be needed for the training and assessment session and information about where to meet and who the trainer/assessor will be. All practical assessments will be completed once the theory and the theory components of units have been completed. The presentation of a log book will be required by each candidate. Typically one day will be skills training and another day will be the assessment of the activity skills.

The best way to ensure an assessment, is to organize a group enrolment of at least 5 with a representative who can act as a contact person to support group members through training and assessment, so Avondale has the best chance of organizing dates and assessors.

Eligibility:

These courses are being offered on an (RPL) basis only which means you need to have an active position in a supervisory capacity with an organisation providing insurance for conducting outdoor activities. You need to also provide evidence that you are over the age of consent for guardianship to be supervising others.

Time:

All courses commence once the student has been given access to the course in Moodle and all assessments must be completed within the following time frame:

Short Course Term 3 & 4 enrolments (start 2nd half of yr): be completed by the middle of the following year

Short Course Term 1 & 2 enrolments (start 1st half of yr) : be completed by the end of the year enrolled

Assessments:

- I Bushwalking, Canoeing: two days for each (eight hours per day)
- I Absailing: four days (eight hours per day)

If a candidate is deemed not competent for a practical assessment then another assessment date can be negotiated at an additional cost of \$300 per day plus out of pocket expenses or the candidate may be able to join another group that is being assessed for the same activity skill set.

Fees:

The schedule of fees is available on the following short course brochure.

The Importance of a Strong Partnership:

We would like to work with industry, schools, outdoor recreation centres and conference Youth Departments to ensure a good level of service for your Clients, Teachers, Youth and Pathfinder people. We see as very important the need to develop strong partnerships so that we can collectively manage a quality training system.

Assessors:

Avondale would like to use local assessors for practical assessments appointed under Avondale's employment processes. These trainer/assessors would need to have completed the activity units in the activity that they are assessing as well as have completed a TAE. Avondale will be seeking expressions of interest from qualified trainer/assessors.

Adventist Outdoor Education website:

The website (www.adventistoutdooreducation.com.au) is a source of information scoped across every state in Australia, presenting qualifications and supervision ratios for outdoor activities from peak body entities such as the Adventure Activity Standards and the State Education Departments. Leadership skills and specified hazards have been listed in a summary of standard operation procedures for seven of the more common activities conducted in Adventist Schools. There is also a list of links to the state organisations and peak bodies providing industry standards. While we recognise that the Youth Departments have their own procedures and forms, Avondale is happy to make this resource available for your use and information.

Enrolment:

This is done by downloading the appropriate application form (and log where applicable) at www.avondale.edu.au/outdoorrec - click on 'Short Courses' tab on this page. Individuals should complete the Individual Application form and give it to the Group Co-ordinator who will complete the Group application.

Completed Group application forms together with the Individual application forms can be returned by email, post or fax to:

**Administration Assistant, Discipline of Education
Avondale College of Higher Education**

Fax: +61 2 4980 2190

Postal: SCHOOL OF EDUCATION, PO Box 19, Cooranbong NSW 2265

Email: outdoorrecreation@avondale.edu.au OR david.low@avondale.edu.au (Course Convenor, Outdoor Education)

SHORT COURSES FOR ACTIVITY SKILL SETS

Course outline and cost structures are set out below for each of the activity skill sets. Each skill set has a Outdoor Supervision component embedded within it which can be achieved separately for a minimum cost. Common units across skill sets are only required to be achieved once.

BUSHWALKING GUIDE CONTROLLED ENVIRONMENTS

COURSE (PLA) Units SISOODR302A SISOOPS202A SISXCAI306A SISXRSK301A SISXOHS101A	OUTDOOR SUPERVISION (COMPULSORY) Plan outdoor recreation activities Use and maintain a temporary or overnight site Facilitate groups Undertake risk analysis of activities Follow occupational health and safety policies	\$150
COURSE (PSA) Units SISOOPS201A SISOOPS304A SISOOPS306A SISXEMR201A PUAOPE002B SISOBWG201A SISONAV201A SISOBWG303A SISOODR303A	BUSHWALK CONTROLLED Minimize environmental impact Plan for minimal environmental impact Interpret weather conditions in the field Respond to emergency situations Operate communications systems and equipment Demonstrate bushwalking skills in a controlled environment Demonstrate navigation skills in a controlled environment Guide bushwalks in a controlled environment Guide outdoor recreation sessions	\$420
Total		\$570

* A practical assessment of 2 days is applicable to the above units.

* A Statement of Attainment for the complete skill set can be obtained if a current First Aid certificate is provided

Unit to complete skill set HLTAID003*	Provide first aid	RPL
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These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Bushwalking Skill Set (Controlled conditions) only and should be considered before registration.

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass with base plate, whistle, torch, toilet paper and water bottle.

Required Skills

- I Calculate grid references, grid and magnetic bearings
- I Orientate a map
- I Estimate distance
- I Follow a route using map and compass
- I Demonstrate walking rhythm, ascending and descending technique

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment, communications).
- I Demonstrate how to fit and adjust a pack
- I Monitor appropriate clothing and footwear
- I Monitor progress and spacing of group
- I Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked under supervision on multiple

occasions and also show evidence that they have guided groups on multiple occasions. Day trips are acceptable but one big long trip cannot account for multiple occasions. The assessment period will account for one guiding experience. Some orienteering meets could account for some of the skill development occasions. A summary log needs to contain multiple entries and a number of columns indicating: Date, Location, Access points, Distance, Days, Role (guiding, recreational), Group type (school, club, etc), Grade (tracked, trackless, unmodified), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc), Verification signature or phone number.

BUSHWALKING GUIDE INTERMEDIATE

COURSE (PLA)	OUTDOOR SUPERVISION (COMPULSORY)	\$150
Units		
SISOODR302A	Plan outdoor recreation activities	
SISOOPS202A	Use and maintain a temporary or overnight site	
SISXCAI306A	Facilitate groups	
SISXRSK301A	Undertake risk analysis of activities	
SISXOHS101A	Follow occupational health and safety policies	
COURSE (PSA)	BUSHWALK INTERMEDIATE	\$540
Units		
SISOOPS201A	Minimize environmental impact	
SISOOPS304A	Plan for minimal environmental impact	
PUAOPE002B	Operate communications systems and equipment	
SISOOPS306A	Interpret weather conditions in the field	
SISXEMR201A	Respond to emergency situations	
SISOBWG404A	Apply river crossing skills	
SISOBWG302A	Apply intermediate bushwalking skills	
SISONAV302A	Apply navigation skills in an intermediate environment	
SISOBWG405A	Guide intermediate bushwalks	
SISOODR303A	Guide outdoor recreation sessions	
SISXOHS402A	Implement and monitor occupational health and safety policies	
SISXEMR402A	Coordinate emergency response	
SISOODR404A	Manage risk in an outdoor activity	
Total		\$690

*A practical assessment of 2 days is applicable to the above units

*A Statement of Attainment for the complete skill set can be obtained if a current First Aid certificate is provided

Unit to complete skill set		
HLTAID003*	Provide first aid	RPL

These units provide a credit towards a Certificate IV in Outdoor Recreation (SIS50310) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leadership Registration Scheme (NOLRS).

The following information refers to the Bushwalking Skill Set (Intermediate) only and should be considered before registration.

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, o-track footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass, whistle, torch, toilet paper and water bottle.

Required Skills

- I Calculate grid references, grid and magnetic bearings
- I Orientate a map
- I Estimate distance
- I Follow a route using map and compass
- I Demonstrate walking rhythm, ascending and descending technique

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment, communications).
- I Demonstrate how to fit and adjust a pack
- I Monitor appropriate clothing and footwear
- I Monitor progress and spacing of group
- I Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked with minimum supervision on multiple occasions. They also need to show evidence that they have guided groups on multiple occasions. Day trips are acceptable but one big long trip cannot account for separate occasions. The assessment period will account for one guiding off-track trip. Some orienteering meets could account for some of the skill development occasions. A summary log needs to contain a number of columns indicating: Date, Location, Access points, Distance, Days, Role (guiding, recreational), Group type (school, club, etc), Grade (tracked, trackless, unmodified), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc), Verification signature or phone number.

BUSHWALKING GUIDE UNCONTROLLED

COURSE (PLA)	OUTDOOR SUPERVISION (COMPULSORY)	\$150
Units		
SISODR302A	Plan outdoor recreation activities	
SISOOPS202A	Use and maintain a temporary or overnight site	
SISXCAI306A	Facilitate groups	
SISXRSK301A	Undertake risk analysis of activities	
SISXOHS101A	Follow occupational health and safety policies	

COURSE (PSA)	BUSHWALK UNCONTROLLED	\$540
Units		
SISOOPS201A	Minimize environmental impact	
SISOOPS304A	Plan for minimal environmental impact	
PUAOPE002B	Operate communications systems and equipment	
SISOOPS306A	Interpret weather conditions in the field	
SISXEMR201A	Respond to emergency situations	
SISOBWG404A	Apply river crossing skills	
SISOBWG406A	Apply bushwalking skills in uncontrolled landscapes	
SISONAV403A	Navigate in uncontrolled environments	
SISOBWG510A	Guide bushwalks in an uncontrolled environment	
SISODR303A	Guide outdoor recreation sessions	
SISXOHS402A	Implement and monitor occupational health and safety policies	
SISXEMR402A	Coordinate emergency response	
SISODR404A	Manage risk in an outdoor activity	

Total		\$690
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*A practical assessment of 3 days is applicable to the above units

*A Statement of Attainment for the complete skill set can be obtained

- if a current First Aid and Remote Location First aid certificate is provided

- experienced based evidence demonstrating competence at the AQF level below is provided

HLTAID003*	Provide first aid	RPL
SISOOPS305A	Provide first aid in a remote location	RPL
SISOBWG302A	Apply intermediate bushwalking skills	RPL
SISONAV302A	Apply navigation skills in an intermediate environment	RPL
SISOBWG405A	Guide intermediate bushwalks	RPL

These units provide a credit towards a Diploma in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Bushwalking Skill Set (Uncontrolled) only and should be considered before registration.

Pre-requisite units:

- I SISOBWG302A Apply intermediate bushwalking skills
- I SISONAV302A Apply navigational skills in an intermediate environment
- I SISOBWG405A Guide intermediate bushwalks

Or experienced based evidence demonstrating competence at the AQF level below (intermediate bushwalking).

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, off-track footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass, whistle, torch, toilet paper and water bottle.

Required Skills

- I Calculate grid references, grid and magnetic bearings
- I Orientate a map
- I Estimate distance
- I Follow a route using map and compass
- I Demonstrate walking rhythm, ascending and descending technique

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment, communications).
- I Demonstrate how to fit and adjust a pack
- I Monitor appropriate clothing and footwear
- I Monitor progress and spacing of group
- I Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked without supervision on multiple occasions. They also need to show evidence on multiple occasions that they have guided groups with at least one extended trip (multiple days). Day trips are acceptable but one big long trip cannot account for separate occasions. The assessment period will account for one guiding off-track experience. Some orienteering meets could account for some of the skill development occasions. A summary log needs to contain a number of columns indicating: Date, Location, Access points, Distance, Days, Role (guiding, recreational), Group type (school, club, etc), Grade (tracked, trackless, unmodified), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc), Verification signature or phone number.

CANOING GUIDE FLAT WATER

COURSE (PLA)	OUTDOOR SUPERVISION (COMPULSORY)	\$150
Units		
SISOODR302A	Plan outdoor recreation activities	
SISOOPS202A	Use and maintain a temporary or overnight site	
SISXCAI306A	Facilitate groups	
SISXRSK301A	Undertake risk analysis of activities	
SISXOHS101A	Follow occupational health and safety policies	

COURSE (PSA)	CANOE FLAT WATER	\$480
Units		
SISOOPS201A	Minimize environmental impact	
SISOOPS304A	Plan for minimal environmental impact	
SISIOCNE202A	Perform deep water rescues	
SISOOPS306A	Interpret weather conditions in the field	
SISXEMR201A	Respond to emergency situations	
SISIOCNE303A	Apply canoeing skills	
SISONAV201A	Demonstrate navigation skills in a controlled environment	
SISOCNE305A	Guide canoeing trips on flat and undemanding water	
SISOODR303A	Guide outdoor recreation sessions	
SISXEMR402A	Coordinate emergency response	
SISOODR404A	Manage risk in an outdoor activity	

Total	\$630
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*A practical assessment of 2 days is applicable to the above units

*A Statement of Attainment for the complete skill set can be obtained if a current First Aid certificate is provided

Units to complete skill set

HLTAID003*	Provide First Aid	RPL
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These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Canoeing Skill Set only and should be considered before registration.

Equipment per student

Canoe, paddle, PFD, appropriate footwear, hat, sunglasses, lunch and water. Any other specialised equipment will be provided.

Required Skills

- I Participants will need to demonstrate their ability to swim 50m whilst clothed and wearing a personal flotation device (PFD).
- I Embark/disembark techniques
- I Capsize procedures – X rescue, re-entry techniques & tows
- I Forward, sweep, draw, J and support strokes
- I Communication signals – hand & whistle
- I Securing and loading a trailer

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment).
- I Demonstrate how to fit and adjust PFD
- I Demonstrate how to hold paddle
- I Monitor launch, progress and spacing of group
- I Monitor food/water intake and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have canoed on multiple occasions at natural sites. The assessment period will account for one guiding experience. A summary log needs to contain a number of columns indicating:- Date, Location, Access points, Distance (Km), Days, Role (guide, assistant guide), Group type (school, club, recreational etc), and a column for Verification signature or phone number.

KAYAKING GUIDE FLAT WATER

COURSE (PLA)	OUTDOOR SUPERVISION (COMPULSORY)	\$150
Units		
SISOODR302A	Plan outdoor recreation activities	
SISOOPS202A	Use and maintain a temporary or overnight site	
SISXCAI306A	Facilitate groups	
SISXRSK301A	Undertake risk analysis of activities	
SISXOHS101A	Follow occupational health and safety policies	

COURSE (PSA)	KAYAKING GUIDE FLAT WATER	\$480
Units		
SISOOPS201A	Minimize environmental impact	
SISOOPS304A	Plan for minimal environmental impact	
SISIOCNE202A	Perform deep water rescues	
SISOOPS306A	Interpret weather conditions in the field	
SISXEMR201A	Respond to emergency situations	
SISIOKYK302A	Apply kayaking skills	
SISONAV201A	Demonstrate navigation skills in a controlled environment	
SISOKYK304A	Guide kayaking trips on flat and undemanding water	
SISOODR303A	Guide outdoor recreation sessions	
SISXEMR402A	Coordinate emergency response	
SISOODR404A	Manage risk in an outdoor activity	

Total		\$630
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*A practical assessment of 2 days is applicable to the above units

*A Statement of Attainment for the complete skill set can be obtained if a current First Aid certificate is provided

Units to complete skill set		
HLTAID003*	Provide First Aid	RPL

These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Kayaking Skill Set only and should be considered before registration.

Equipment per student

Kayak, paddle, PFD, appropriate footwear, hat, sunglasses, lunch and water. Any other specialised equipment will be provided.

Required Skills

- I Participants will need to demonstrate their ability to swim 50m whilst clothed and wearing a personal flotation device (PFD).
- I Embark/disembark techniques
- I Capsize procedures – X/Y rescue, re-entry techniques, hand rescue, deck carries & tows
- I Forward, sweep, draw and support strokes
- I Communication signals – hand & whistle
- I Securing and loading a trailer

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment).
- I Demonstrate how to fit and adjust PFD
- I Demonstrate how to hold paddle
- I Monitor launch, progress and spacing of group
- I Monitor food/water intake and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have kayaked on multiple occasions at natural sites. The assessment period will account for one guiding experience. A summary log needs to contain a number of columns indicating:- Date, Location, Access points, Distance (Km), Days, Role (guide, assistant guide), Group type (school, club, recreational etc), and a column for Verification signature or phone number.

ABSEILING GUIDE SINGLE PITCH (NATURAL SURFACE)

COURSE (PLA)	OUTDOOR SUPERVISION (COMPULSORY)	\$150
Units		
SISOODR302A	Plan outdoor recreation activities	
SISOOPS202A	Use and maintain a temporary or overnight site	
SISXCAI306A	Facilitate groups	
SISXRSK301A	Undertake risk analysis of activities	
SISXOHS101A	Follow occupational health and safety policies	
COURSE (PSA)	ABSEILING GUIDE SINGLE PITCH (NATURAL SURFACE)	\$500
Units		
SISOOPS201A	Minimize environmental impact	
SISOOPS304A	Plan for minimal environmental impact	
SISOOPS306A	Interpret weather conditions in the field	
SISXEMR201A	Respond to emergency situations	
SISOABN202A	Safeguard an abseiler using a single rope belay system	
SISOABN303A	Apply single pitch abseiling skills on natural surfaces	
SISOABN304A	Establish ropes for single pitch abseiling on natural surfaces	
SISOABN305A	Guide abseiling on single pitch natural surfaces	
SISOVTR301A	Perform vertical rescues	
SISOODR303A	Guide outdoor recreation sessions	
Total		\$650

*A practical assessment of 4 days is applicable to above units

*A Statement of Attainment for the complete skill set can be obtained if a current First Aid certificate is provided

Units to complete skill set

HLTAID003*	Provide First Aid	RPL
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These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Abseiling Skill Set only and should be considered before registration.

Equipment per student

Personal harness kit, hair net, off-track footwear, sun hat, long pants, first aid kit, toilet paper and water bottle.

Required Skills

- I Safely and efficiently set up canyoning (retrievable), fixed abseil using equalised rigging lines, lowerable, top belay, and fixed abseil (equalised using only one rope) anchor systems
- I Safely fit, attach, and use all abseiling equipment
- I Perform all safety checks
- I Use and respond to safety calls
- I Abseil on a variety of terrain
- I Safely perform belay procedures (bottom brake, self-belay, and top belay)
- I Safely escape a top belay system
- I Perform foot-wrap to unlock a self-belay
- I Ascend a rope and change from ascending to descending and from descending to ascending in a failsafe manner
- I Abseil past a knot in a failsafe manner
- I Change from one rope to another in mid-abseil in a failsafe manner
- I Attach an improvised chest harness to a victim in mid-abseil
- I Set up and operate a z-drag hauling system
- I Manage a raising rescue using a hauling system
- I Manage a lowering rescue using a hauling system

Guiding skills

- I Conduct a brief/debrief (objectives, hazards, equipment).
- I Demonstrate how to fit and adjust harnesses and helmets
- I Demonstrate how to abseil safely
- I Manage clients abseiling with a top belay
- I Monitor client safety, food/water intake, and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have performed multiple rescue scenarios, descended natural descents on multiple occasions, and guided a group on multiple occasions. The assessment period will account for one guiding experience. A summary log needs to contain a number of columns indicating:- Date, Location, Access points, Height of abseil, Role (guide, assistant guide), Group type (school, club, recreational, etc.), Belay type (Top, bottom, self-belay), Anchor type (anchors and type of setup used) and a column for Verification signature or phone number.

BASE CAMPING

The Base Camp short course is a collection of the core units from the Bushwalking Skill Set and is provided for via online learning only. None of the units have a practical assessment, which means it is easy to enrol and complete the assessments. Once completed a Statement of Attainment will be issued for those competent in the unit list.

COURSE Units (PLA) SISOODR302A SISOOPS202A SISXCAI306A SISXRSK301A SISXOHS101A	OUTDOOR SUPERVISION (COMPULSORY) Plan outdoor recreation activities Use and maintain a temporary or overnight site Facilitate groups Undertake risk analysis of activities Follow occupational health and safety policies	\$150
COURSE Units SISOOPS201A SISOOPS304A SISOOPS306A SISXEMR201A PUAOP002B SISOODR303A	BASE CAMPING Minimize environmental impact Plan for minimal environmental impact Interpret weather conditions in the field Respond to emergency situations Operate communications systems and equipment Guide outdoor recreation sessions	\$180
Total		\$330



For additional information, contact:

DISCIPLINE OF EDUCATION

Avondale College of Higher Education

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