



OUTDOOR RECREATION

CERTIFICATE III IN OUTDOOR RECREATION (SIS30410)
DIPLOMA OF OUTDOOR RECREATION (SIS50310)



Love the outdoors?
Enjoy an adrenalin rush?

Experience the challenges, enjoy the natural environment and develop your skills in:

- Abseiling
- Rock Climbing
- Vertical Rescue
- Whitewater Kayaking
- Sea Kayaking
- Whitewater Rescue
- Flat Water Canoeing/Kayaking
- Wilderness Navigation/Bushwalking
- Facilitation and Adventure-Based Learning

'The Outdoor Recreation qualification has helped me greatly in the outdoor industry. It has allowed me to work independently as a contractor where I have instructed activities such as sea kayaking, canoeing, high rope courses, abseiling and rock climbing. My Outdoor Recreation qualification has opened many doors for me and provided opportunities for a career in outdoor recreation.'

Jared Vetter (Graduate)



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Course Name:

CERTIFICATE III IN OUTDOOR RECREATION (SIS30410)
DIPLOMA OF OUTDOOR RECREATION (SIS50310)

Location Offered: Lake Macquarie Campus

Study Mode: Full-time on campus

Normal Course Duration:

- Certificate III in Outdoor Recreation (SIS30410) one year full-time

The Certificate III is a full fee paying two semester program. Where academic progress and skill development is satisfactory students who complete a specified cluster of units from Certificate III in the 1st Semester of the course will be granted entry into the Diploma of Outdoor Recreation in Semester 2. This means a further 1.5 years of full-time study to complete the Diploma with access to VET FEE-HELP.

- Diploma of Outdoor Recreation (SIS50310) 1.5 years full-time.

The Diploma is a three semester program with access to VET FEE-HELP. Students who can demonstrate sufficient knowledge via a prior certification or industry based experience may, with consultation and a bridging course prior to the commencement of the academic year, be admitted directly into the second year (2 semesters) of the Diploma of Outdoor Recreation with access to VET FEE-HELP

ENTRY Requirements:

Completion of Year 12 is strongly recommended for entry. It is also expected that applicants will maintain a reasonable standard of fitness.

GENERAL INFORMATION

Avondale's Outdoor Recreation courses provide professional training at Certificate III and Diploma levels in an exciting array of challenging adventure activities. The course provides nationally recognised competency-based training qualifications which will equip you for employment in outdoor recreation, tourism and education/training sectors.

PRACTICAL EXPERIENCE

Much of the instruction for both courses takes place in the field. Trips can range from excursions of a few hours duration, to local abseiling sites and extended expeditions to the high country of the Snowy Mountains and New Zealand.

INDUSTRY PLACEMENT

Contact with professionals working in the Outdoor Recreation industry is beneficial to students in understanding workplace operations and current methods of guiding and instructing. Certificate III students are required to participate in a minimum of 10 days (2 weeks full-time) industry placement by the completion

of the course. Diploma students are required to participate in a minimum of 15 days (3 weeks full-time) industry placement by the completion of the course. The Course Convenor and training staff will assist in the organisation of this component.

Students must also have an aptitude for physical activity and leadership, as well as being literate, numerate and good communicators. Prior experience and a positive interest in several outdoor pursuits are also desirable.

WHERE IT COULD TAKE YOU

The Outdoor Recreation course trains for employment in the following areas:

- Sport and recreation centres
- Wilderness adventure camping and tourism
- Outdoor education and adventure therapy programs
- Commercial guiding and instructing
- Retail sales – camping sector
- Camping and outdoor recreation centres
- Youth at risk programs
- Vocational training
- Guiding with commercial adventure based operators

Graduates of the Outdoor Recreation Courses at Avondale are highly valued, with many being offered positions prior to completing their course. Some of the organisations students have been employed with include:

- Meebunbia Outdoor Centre – Beaudesert, QLD
- Ewen Maddock Dam – Sunshine Coast, QLD
- Southbound Adventures – Shell Harbour, NSW
- Vision Valley – Arcadia, NSW
- Bushworks – Peats Ridge, NSW
- Delhuntie Park – Gippsland, VIC
- Timbertop – Geelong, VIC
- Sea Kayak Australia – Melbourne, VIC
- Ocean Planet Sea Kayaking – Ettalong, NSW
- Bridgeclimb – Sydney, NSW
- Mapleton Centre – Mapleton, QLD
- Tops Conference Centre – Stanwell Tops, NSW
- Tui Ridge Outdoor Centre – NZ
- Blue Water Sea Kayaking – Nelson Bay, NSW
- Wildworx – Cooranbong, NSW
- Camp Laurence Adventure Centre – QLD
- Barrington Outdoor Adventure Centre – NSW
- Edmund Park Outdoor Centre - QLD

“Almost without exception I have received excellent feedback about these Outdoor Recreation students. We currently employ two such ex-Avondale Outdoor Rec students, both of whom are outstanding, and are hoping soon to increase this number.”

Neil Robinson, Principal – Outdoor Education
 QCCC Mapleton, Baptist Union of QLD



COURSE STRUCTURE

CERTIFICATE III IN OUTDOOR RECREATION (SIS30410)

CORE UNITS

+

ELECTIVE UNITS

Abseiling – Guide – Single pitch – Natural surfaces
 Bushwalking – Guide – Intermediate
 Kayaking – Guide – Flat water
 Sea Kayaking

+

AVONDALE CORE REQUIREMENT
 Visionary Leadership in the Outdoors I

DIPLOMA OF OUTDOOR RECREATION (SIS50310)

CORE UNITS

+

ELECTIVE UNITS

Challenge ropes course
 Climbing – Guide - Natural Surfaces – Single pitch – Lead
 Kayaking – Instruct – White water Grade 2
 Bushwalking – Specialist Alpine
 Bushwalking – Guide – Advanced

+

AVONDALE CORE REQUIREMENT
 Visionary Leadership in the Outdoors II



CERTIFICATE III IN OUTDOOR RECREATION (SIS30410)



The Certificate III in Outdoor Recreation provides the opportunity to acquire skills to independently participate in several outdoor recreation activities and to guide those activities.

COURSE DETAILS

In order to satisfy the requirements and qualify for a Certificate III award, a combination of unit groups listed below must be successfully completed, demonstrating competency.

CORE UNITS

National Code	Unit Title
BSBWOR301A	Organise personal work priorities and development
HLTFA301B	Apply first aid
SIXEMR201A	Respond to emergency situations
SISOOPS201A	Minimise environmental impact
SIXCCS201A	Provide customer service
SIXCCS404A	Address client needs
SISOODR303A	Guide outdoor recreation sessions
SIXOHS101A	Follow occupational health and safety policies
SIXRSK301A	Undertake risk analysis of activities
SISOODR302A	Plan outdoor recreation activities
SISOOPS306A	Interpret weather conditions in the field
TAEDEL301A	Provide work skill instruction

ELECTIVE UNITS

Abseiling – Guide – Single pitch – Natural surfaces

SISOABN303A	Apply single pitch abseiling skills on natural surfaces
SISOABN304A	Establish ropes for single pitch abseiling on natural surfaces
SISOABN305A	Guide abseiling on single pitch natural surfaces
SISOABN202A	Safeguard an abseiler using a single rope belay system
SISOVTR301A	Perform vertical rescues

Bushwalking – Guide – Intermediate

SISOBWG201A	Demonstrate bushwalking skills in a controlled environment
SISONAV201A	Demonstrate navigation skills in a controlled environment
SISOOPS202A	Use and maintain a temporary or overnight site
SISOBWG303A	Guide bushwalks in a controlled environment
PUAOPE002A	Operate communications systems and equipment
SISOBWG404A	Apply river crossing skills
SISOBWG302A	Apply intermediate bushwalking skills
SISONAV302A	Apply navigation skills in an intermediate environment
SISOBWG405A	Guide intermediate bushwalks

Kayaking – Guide – Flat water

SISOKYK302A	Apply kayaking skills
SISOCNE202A	Perform deep water rescues
SISOKYK304A	Guide kayaking trips on flat and undemanding water

General Electives

SISOKYS302A	Demonstrate sea kayaking skills
SISOKYS406A	Plan and navigate sea kayaking inshore passage
SISOWWR201A	Demonstrate self rescue skills in white water

AVONDALE CORE REQUIREMENT (Christian Studies Unit)

Visionary Leadership in the Outdoors I (includes SISXCAI306A Facilitate groups and SISOABL301A Assist in the facilitation of adventure-based learning activities).



DIPLOMA OF OUTDOOR RECREATION (SIS50310)



This course provides the professional competencies required by practitioners to facilitate recreational experiences in a broad range of outdoor settings. The program provides the theoretical understanding of the physiological and psychological needs of clients required for safe leadership in remote wilderness areas. Certificate III in Outdoor Recreation or a specified cluster of units from Certificate III is a prerequisite, as the Diploma builds on the Certificate III program and further extends the skills to guide/instructor level.

COURSE DETAILS

In order to satisfy the requirements and qualify for a Diploma award, the combination of unit groups listed below must be successfully completed.

CORE UNITS

National Code	Unit Title
SISOOPS306A	Interpret weather conditions in the field
SISOODR302A	Plan outdoor recreation activities
SISOODR404A	Manage risk in an outdoor activity
SISOODR405A	Develop and coordinate programs incorporating outdoor activities
TAEDEL301A	Provide work skill instruction
SISOOPS407A	Apply search and rescue skills
SISXEMR402A	Coordinate emergency responses

ELECTIVE UNITS

Challenge ropes course

SISOCR301A Conduct a low ropes session

Abseiling

SISOABN202A Safeguard an abseiler using a single rope belay system
SISOVTR301A Perform vertical rescues

Bushwalking

SISONAV201A Demonstrate navigation skills in a controlled environment
PUAOPE002A Operate communications systems and equipment
SISOBWG404A Apply river crossing skills
SISONAV403A Navigate in uncontrolled environments
SISOBWG405A Guide intermediate bushwalks
SISOBWG406A Apply bushwalking skills in uncontrolled landscapes
SISOBWG510A Guide bushwalks in an uncontrolled environment

Bushwalking – Specialist – Alpine

SISOBWG507A Apply advanced bushwalking skills in alpine areas
SISOOPS509A Interpret weather for mountain environments

Climbing – Guide – Natural surfaces – Single pitch - Lead

SISOCLN302A Apply climbing skills on natural surfaces
SISOCLN303A Establish belays for climbing on natural surfaces
SISOCLN405A Apply single pitch lead climbing skills on natural surfaces
SISOCLN304A Guide top rope climbing activities on natural surfaces
SISOCLN408A Guide lead climbing activities on single pitch natural surfaces

Kayaking – Instruct – White water Grade 2

SISOKYK303A Apply inland kayaking skills on Grade 2 water
SISOWWR201A Demonstrate self rescue skills in white water
SISOWWR302A Demonstrate white water rescues and recoveries
SISOKYK408A Instruct kayaking skills on Grade 2 water



GENERAL ELECTIVES

SISOKYS302A	Demonstrate sea kayaking skills
SISOKYS406A	Plan and navigate sea kayaking inshore passage
SISOKYS407A	Instruct sea kayaking in easy to moderate conditions
SISXOHS402A	Implement and monitor occupational health and safety policies
SISOODR506A	Evaluate policy for an outdoor organisation
SISXOHS503A	Establish and maintain occupational health and safety systems
SISXRSK502A	Manage organisational risk
SISXCCS402A	Coordinate client service activities
SISXIND404A	Promote compliance with laws and legal principles
SISXRES402A	Support implementation of environmental management practices
SISXRES403A	Use resources efficiently
SISXFAC404A	Coordinate facility and equipment acquisition and maintenance
SISXIND405A	Conduct projects
SISXIND406A	Manage projects
BSBWOR404A	Develop work priorities
SISOOPS508A	Manage natural resources

IMPORTED UNITS

TAEASS401A	Plan assessment activities and processes
TAEASS402A	Assess competence
TAEASS403A	Participate in assessment validation

AVONDALE CORE REQUIREMENTS (Christian Studies Unit)

Visionary Leadership in the Outdoors II (includes SISOABL402A
Facilitate adventure-based learning activities and SISOABL503A
Design and facilitate adventure-based learning programs)

ADVANCED STANDING

Students successfully completing Certificate III or a specified cluster of units from Certificate III will gain entry into the Diploma of Outdoor Recreation. Students successfully completing the Diploma of Outdoor Recreation will gain advanced standing of up to one year of credit into a teacher education degree at Avondale.

ARTICULATION ARRANGEMENTS WITH CHARLES STURT UNIVERSITY

Formal articulation arrangements are in place for Avondale's Diploma of Outdoor Recreation graduates to gain one year of credit into the Bachelor of Applied Science (Adventure Ecotourism) offered by Charles Sturt University. Further details on this articulation arrangement are available on the Avondale website.

RECOGNITION OF PRIOR LEARNING (RPL)

As neither the route nor the method of learning is considered in the assessment process, Avondale takes into account a range of prior learning experience, including experiences other than those accredited by other registered providers. Applicants who consider they already possess the skills and knowledge necessary to be deemed competent in any learning outcome may have the opportunity to have this substantiated through formal qualifications or assessment via a bridging course prior to the commencement of the academic year.

All units included in the course are nationally recognised and therefore those students who have completed a recognised unit at another registered provider will be granted credit. For further information on specific credit, please contact David Low

EQUIPMENT AND ADDITIONAL COSTS

Avondale provides all absailing and canoeing equipment including personal flotation devices, canoes/kayaks, helmets, harnesses and safety gear.

Students are expected to provide:

- wetsuit and neoprene booties
- pack, sleeping bag
- boots, waterproof jacket
- appropriate clothing
- stove and cooking equipment
- torch, compass, First Aid kit

It may be that some students will not have all this equipment at the start of the course and, for this reason, we have negotiated substantial discounts for students in the course (15-20% off) through local retailers. We make a field trip to these suppliers at some time during the first week of classes to view the quality and range of goods available and introduce the students to the retailers.



ENTRY REQUIREMENTS FOR INTERNATIONAL STUDENTS

Applicants from countries outside Australia will have their qualifications assessed by the Academic Registrar. Applicants from a country where English is not the first language must demonstrate proficiency in English in one of the following ways:

1. Provide documentary evidence that all senior secondary schooling was conducted in the English language, AND evidence of a satisfactory pass in English in a British O-level examination or local equivalent.
2. Obtain an overall IELTS score of 5.5 or better with no individual band score less than 5.5 or equivalent. International applicants are also required to satisfy Australian Government visa requirements.

TUITION ASSURANCE

In the event that Avondale is unable to continue to offer outdoor recreation courses, tuition assurance has been arranged with the Australian Council for Private Education and Training (ACPET). In the event that the Tuition Assurance Scheme is activated, students should contact ACPET at www.acpet.edu.au/students/student-support.

FEE ASSURANCE

If Avondale ceases to be able to provide a course of study the Seventh-day Adventist Church (SPD) Limited has provided a guarantee that students enrolled in Outdoor Recreation would either receive a refund of the student contribution or tuition fee paid for any incomplete units of study, or the funds paid for such incomplete units of study would be transferred (with the student's agreement) to an alternate provider with whom the student has enrolled.

A full explanation of Tuition Assurance and Fee Assurance is located on the Avondale website.

DELIVERY METHODS

This course is taught through a mixture of lectures, videos/ DVDs, case studies, demonstrations and scenarios. Field trips are an important component of the program and are conducted throughout New South Wales to provide opportunities for training and assessment in a variety of contexts.

ASSESSMENT METHODS

Competency-based assessment is usually done over a period of time to allow the learner the opportunity to demonstrate performance in a variety of contexts. Types of assessment depend on the nature of the units undertaken and could involve any of the following:

- Projects
- Assignments
- Tutorials/seminar presentations
- Oral and/or written questions
- Demonstrations/observations
- Simulations/role-plays
- 'What if?' scenarios
- Logs, diaries and journals

FEES

See Avondale's current fee sheet for information on tuition, residence, and meal costs, or refer to Avondale's website at www.avondale.edu.au. For details on VET FEE-HELP see Avondale College website for information.



PERSONAL INJURY INSURANCE

While personal insurance is not compulsory, students may wish to obtain some level of coverage.

ACCREDITATION

Avondale is a Registered Training Organisation (RTO) with the Australian Skills Quality Authority (ASQA). Training packages which Avondale has approval to offer can be seen at training.gov.au website. Coursework is approved for YOUTH ALLOWANCE/AUSTUDY and ABSTUDY purposes. The course provides nationally recognised competency-based training qualifications to the standard set by industry.

Both Certificate III and the Diploma of Outdoor Recreation are approved as courses for overseas students and are listed on the CRICOS register.

CRICOS codes for these courses are:

- Certificate III in Outdoor Recreation 063363G
- Diploma of Outdoor Recreation 063359C

AUSTRALIAN CANOEING NATIONAL TRAINING PROVIDER (REG#014)

As a National Training Provider, Avondale is entitled to train and assess candidates for all canoeing and kayaking awards up to level 2.



HOW TO APPLY

For an information pack and application form contact the **Avondale Enquiry & Enrolment Centre** or apply online at www.avondale.edu.au.

Phone: **+61 2 4980 2377**

Free phone: (within Australia) **1800 991 392**

Email: **enquiries@avondale.edu.au**

NEW STUDENT ENQUIRIES:

Avondale Enquiry & Enrolment Centre

PO Box 19,

Cooranbong NSW 2265

Phone: +61 2 4980 2377

Free phone (within Australia): 1800 991 392

Fax: +61 2 4980 2151

Email: enquiries@avondale.edu.au

OUTDOOR RECREATION - CONTACT

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CRICOS Provider No 02731D Avondale College Ltd.

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Disclaimer: The information in this document is correct at the time of publication. Policies and course information may change without notice. Any changes will be published on our website at www.avondale.edu.au. Avondale will not be held liable for decisions made on the basis of this publication alone.

www.outdoorrec.com.au