Sept 10th-16th

**Monday Lunch:**
Carrot & nut meat roll up w’ Mushroom sauce
Roast potato & sweet potato  
broccoli
Garden Salad  Coleslaw
Savoiardi w’ strawberries & cream

**Monday Dinner:**
Not chicken Noodles
Curry tofu & potato  
Naan bread
Steamed rice  brown rice

**Tuesday Lunch:**
Haystacks
Churros & chocolate sauce
Tuesday Dinner:
Penne in spinach & mushroom sauce
Macaroni cheese pasta bake
Lasagne’
Garlic bread
Soup of the day

Wednesday Lunch:
Pulse

Wednesday Dinner
Spinach feta Kahl filo pie
Black bean Quesada
Almond rice
Garden salad
Tomato pesto salad

Thursday Lunch:
Haloumi pea mint fritters
Risotto with pumpkin & snow peas
Caeser salad  garden salad
Banana caramel pecan cake

Thursday Dinner
Pizza
Pumpkin Soup
**Friday Lunch:**
- Mornay pasties w’ parmesan chive sauce
- Roast potato & carrots
- Steamed greens
- Garden salad
- Chocolate mousse & jelly

**Friday Dinner:**
- Dim Sim
- Chips & gravy
- Spring rolls
- Asian tossed vegetables
- Fried rice
- Butter scotch & white chocolate muffins

**Saturday Lunch:**
- Glutens, rich gravy, mash potato, roast carrot,
- Garden beans, garden salad
- Apple crumble & custard sauce

**Saturday Dinner:**
- Hamburgers
- Wedges w’ sour cream & sweet chilli
- Ice cream
**Sunday brunch**
Not lunch, not breakfast

**Sunday Dinner:**
Individual Quiche’
Hotdogs

NB // the Caf reserves the right to change the advertised menu without notice // supplier & seasonal abnormalities may effect the menu