



Menu

Monday

Lunch

Chickpea & sweet potato fritters'
Fried baby potatoes
Steamed carrots
Garden beans

Garden Salad
Chocolate Mousse & Jelly

Dinner

Enchiladas
Steamed rice
Mixed vegetables

Tuesday

Lunch

Curry Dahl Pasties
Taro in coconut cream
Roast potatoes
Roast pumpkin
Garden peas
Cucumber & fennel salad

Danish pastries

Dinner

Hot Dogs

Penne pasta w' baby spinach fetta &
cherry tomatoes

Mushroom

Wednesday

Lunch

Gluten steaks
Creamy mashed potatoes
Roast honey carrots
Herbed Zucchini

Ceaser Salad

Apple slice

Dinner

Potato & leek soup

Veggie Money Bags

Stir fry vegetables w' eggs & nuts



Menu

Thursday

Lunch

Sausage rolls
Roasted egg plant
Steamed potatoes in garlic butter
Baby beans
Roast sweet potatoes

Coleslaw

Apricot & custard pastry puffs

Dinner

Pizza

Pumpkin cream Spaghetti

Friday

Lunch

Pecan cheese balls
Green Thai curry
Steamed jasmine rice
Steamed brown rice

Thai Peanut & noodle salad
Berry muffins

Dinner

Chilli fingers
Cheese toasties
Cauliflower, broccoli & carrots

Minestrone soup

Saturday

Lunch

Mock fish
Creamy mashed potatoes
Steamed carrots
Garden peas

Pumpkin soup
Apple crumble & custard

Dinner

Spinach & Ricotta Cannelloni in tomato sauce

Steamed vegetables

Steamed rice

Ice cream & toppings



Menu

Sunday

Brunch

fried egg / scrambled egg baked beans /
spaghetti in tomato sauce / creamed
corn /cheese toast seasoned lentils /
fried mushrooms
French toast
Garden salad
Jelly peaches / two fruits / whipped
cream
Assorted cereals

Dinner

Sheppard's pie

Steamed vegetables

Tomato soup

Due to seasonal & supplier abnormalities the cafeteria reserves the right to amend this menu without notice.

All inquires can be directed to the Kitchen on Phone: 02 4980 2391