

# Faculty of Nursing and Health

The Faculty of Nursing and Health offers a variety of nested postgraduate courses for practising nurses or graduates wishing to extend their undergraduate nursing education. These postgraduate courses are in two main areas, nursing and health studies.

Prospective students who already hold nursing qualifications that require upgrading may undertake the Bachelor of Nursing conversion course. (See the Avondale College *Undergraduate Handbook 2005–2006* for other courses offered by the Faculty of Nursing and Health.)

Postgraduate studies in Nursing and Health Studies at Avondale are shaped by disciplines of nursing, health and education which, while utilising the scholarships of teaching, discovery, integration and application identified by Boyer (1990), embrace Christian commitment to caring for the person as an integrated being, including the spiritual dimensions of personhood. This unique philosophy undergirds the curriculum which is designed to facilitate the development of each individual's autonomy and responsibility, analytical and reflective thinking and Christian caring values. The following elements are seen to be integral to the practice of the caring ethic and the achieving of effective person-centred nursing/healthcare interactions:

- a an adequate knowledge-base of theory, research and clinical practice competence, drawing on the integrated disciplines of the biophysical and behavioural sciences
- b caring attitudes, values and actions
- c holistic caring that recognises the importance of body, mind and spirit in the achieving of an optimum state of 'wellness', and
- d an ability to contextualise the giving of care, recognising environmental variables and the functioning of the nurse or healthcare worker as a member of a healthcare team.

## Staff

### Dean

Paul T Race  
BA, MHA, PhD, RN, PN, MRCNA

### Senior Lecturers

Malcolm I Anderson  
BAppSc(Nursing) Canberra CAE, MA(Ed) Macq, PhD Macq,  
RN, ONC, FRCNA  
*Nursing*

Paul T Race  
BA UNE, MHA UNSW, PhD Macq, RN, PN, MRCNA  
*Nursing*

Alison M Smedley  
RN, CM, Cert CE, BHSc(Nursing) SCU, GradCert  
C&FHN(Tresillian), GradDip FET(USQ), Med USQ, MRCNA,  
MACMI  
*Nursing*

Gwen M Wilkinson  
DipT Cumberland Coll, BE, Ed Armidale CAE, MA Loma Linda,  
RN, CM, CorCare Cert, MRCNA  
*Assistant Dean, Nursing and Health—Cooranbong Campus*

### Lecturers

Katherine Cooper  
BN Avondale, MN (Administration and Health Promotion)  
Avondale, RN, MRCNA  
*Nursing*

Tamera Gosling  
BN Uni SA, GradDipHSt (Health Promotion) Avondale, MN  
(Hons) (Health Promotion) Avondale, RN, MRCNA  
*Nursing*

James Jays  
RN DipTchNurs Cumberland Coll, GradDipAAppSc(AdvClinNu  
rs) Syd, GradDipEd(Admin) Deakin, RN  
*Nursing*

Jenny M Kum Yuen  
DipAppSc(Com Hlth) Lincoln, BAppSc(Adv Nurs) Lincoln, MA  
Macq, MPH UNSW, RN  
*Nursing*

Michael Steed  
GradDip SE West Syd, MHSc(PHC) UWS, RN, PN  
*Nursing*

Drene Somasundram  
BA Andrews, MA Andrews  
*Chaplain*

## Research Centre

### Australasian Research Institute

*Director: Dr Ross Grant PhD*

Australia is recognised internationally as a significant contributor to high quality research in the areas of health and health education. However, Australia's capacity to conduct research is limited by available funds and facilities in which to carry out studies of high quality. The Sydney Adventist Hospital (SAH) is one of Australia's oldest and largest private healthcare facilities with an historical commitment to quality healthcare and education. While the staff at SAH have historically contributed to improved understanding and practice within the healthcare setting this has been largely carried out on an ad hoc basis. It has become increasingly recognised that a more coordinated approach to research and development within the SAH and its allied institutions could make a more significant contribution to Australia's research effort by enabling effective use of the considerable resources available within these institutions for the purpose of advancing knowledge in health and human physiology.

For this purpose the Australasian Research Institute (ARI), at Sydney Adventist Hospital, was incorporated as an association on September 31, 2003 as a centre from which to conduct, facilitate and promote research within its member organisations within the broad context of service to humanity. The ARI operates from offices in the Faculty of Nursing and Health Science at the Sydney Adventist Hospital with corporate members including, Sydney Adventist Hospital Ltd, Avondale College Ltd, and the Australian Health and Nutrition Association Ltd.

The Australasian Research Institute (ARI) is well placed to contribute to Australian research, as its purpose and scope are consistent with many recommendations of the 1998 'Wills Report' on Australian research including:

- 2.1.2 ...encourage larger, multidisciplinary, investigator initiated projects.
- 2.1.4 create incentives for researchers and groups to come together...and to strengthen links with teaching and patient care.
- 2.1.5 improve efficiency and effectiveness of shared systems and processes.
- 2.2.3 build capacity for quality research involving health practitioners of all kinds including those in...alternative and complementary therapy.
- 5.1.1 involve the community in research processes and communicate about the role, benefits and results of research...
- 6.1.4 broaden the funding base by facilitating international and cooperative opportunities, involving the tax environment for philanthropy and considering innovative funding ideas.

### Vision and ethos

The ARI endeavours to be an integrated multidisciplinary locus for the coordination and conduct of innovative and developmental research generally involving wide collaboration with a focus on human benefits. The ARI will be known as a centre to which researchers from outside the institute can collaborate in order to benefit from the national and world-wide Adventist healthcare network.

All activity and research-and-development supported and conducted by the ARI will have outcomes clearly aimed at the betterment of humankind and will be consistent with the ethos of the Sydney Adventist Hospital.

### Purpose and scope

The ARI is established to:

- coordinate, promote and facilitate research activities within the SAH and member organisations.
- provide advice and support to researchers within the SAH and member organisations.
- fund high quality research that is within the guidelines of the ARI.
- act as a resource centre for researchers, ie for consultation with project development and grant writing, collaborator contacts, statistical analysis and writing for publication.
- promote the SAH and the wider health mission and objectives through the activities of the ARI.
- solicit where and when appropriate for commercial research projects.

### ARI management and structure

The ARI is administered by a Management Committee consisting of

- CEO, Sydney Adventist Hospital Ltd (or its nominee)
- CEO, Australian Health and Nutrition Association Ltd. (or its nominee).
- Health Director, Australasian Conference Association Ltd. (or its nominee)
- President, Avondale College (or its nominee)
- Executive Officer (ARI), ex-officio
- Chair, Research Advisory Committee (RAC), ex-officio

The day-to-day activities of the ARI are administered by the Executive Officer, who is appointed by the ARI Management Committee. The Executive Officer is assisted by a professional assistant, and answers directly to the Management Committee.

All applications for funding of research projects are assessed by the Research Advisory Committee (RAC) before being approved for funding. The RAC is made up of approximately twelve academic/professional researchers from the wider community. The ARI Executive Officer serves as secretary to the RAC.

## The Research Advisory Committee (RAC) members:

- attend scheduled meetings
- review and rank Grant applications for:
  - scholarships (up to \$1,500)
  - small grants (up to \$5,000)
  - large grants (up to \$30,000)
- serve as a reference source to members of the ARI executive on matters relating to their area of expertise.

The members of the RAC are considered to be a valuable resource from which the executive management of the ARI can call on for advice and direction for the purpose of furthering the activities of the ARI in line with its objectives.

## Grant application procedure

All grant applications will be received in electronic format and e-mailed to all committee members at least one month prior to the RAC meeting date. The Chair of the RAC will nominate (by e-mail) one committee member as 'Primary Reviewer' for each application. The Primary Reviewer will speak to the committee on behalf of the application at the RAC meeting. The person chosen, as Primary Reviewer will generally have expertise related to the field of research covered in the application.

In the case of *Scholarship and Small Grants* applications a rank score will be given by each committee member in attendance, after the Primary Reviewer has addressed the committee on behalf of the applicant and there has been time allowed for relevant discussion. Rank scoring will be completed according to set criteria and on the score sheets provided.

The *Small Project and Scholarship* application scores will be averaged for the number of RAC member responses and displayed before discussion of the next Small Project or Scholarship application.

NOTE: The RAC secretary completes the task of collating the scores given by each RAC member so they remain anonymous.

In the case of *Large Grants*, the procedure is identical except that two external referees (generally nominated by the applicant) will have been asked to review and score each application. The combined external reviewers' marks will constitute 60% of the final ranking, the final 40% will come from the RAC member ranking on the night.

## NOTES

- 1 All ARI funded activity must have a genuine collaboration with an employee or recognised associate of an ARI member corporation.
- 2 Associate members are not employees of a member organisation but have applied for and received endorsement as associate members by the ARI management committee.

The Faculty of Lifestyle Education and Visual Arts operates a related Research Centre. The Avondale Centre of Exercise Sciences and staff from the Australasian Research Institute interact and collaborate on projects.

## Avondale Centre for Exercise Sciences (ACES)

Director: Dr Darren Morton  
BEd Ballarat, MAppSc(Human Movement) Ballarat, PhD Nctle  
AAESS ASMS

The purpose of the centre is to research issues pertaining to health and human performance, providing a variety of health and fitness related services to the local community (athletes in particular), undertaking collaborative consultancies within the health and fitness industry, and serving as a resource centre for the promotion of health principles. The centre has produced a series of publications on exercise-related transient abdominal pain.

## Master of Nursing

Course code 2062

Course coordinator: Alison Smedley

The Master of Nursing provides extended knowledge and practice for practising registered nurses wishing to obtain higher qualifications relative to a specialty area or to allow them to proceed to enrol in a doctoral program. Students may undertake their studies in either the area of administration, health promotion or may choose to specialise in one of the following clinical areas:

Anaesthetics and recovery

Burns and plastics

Critical care

Day surgery

Emergency care

Gerontology

Oncology

Orthopaedics

Perioperative care

Wound management

### Duration

One-and-a-half years full-time or the equivalent part-time. Part-time students typically progress at the rate of three or four subjects per year. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary.

### Credit points

12 subjects totalling 36 credit points

### Mode of delivery

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

### Abbreviation of course title

MN (followed by name of specialty/s)

### Accreditation

The course is accredited by the NSW Department of Education and Training.

### Entry requirements

Bachelor of Nursing or Graduate Diploma in Nursing with a cumulative GPA of 65%, registered to practice as a Registered Nurse in NSW, and at least one year of professional experience (preferred).

### Enrolment

As the MN, MN(Hons), GradCertN and GradDipN are nested courses, students enrol in the highest degree from which they expect to graduate. Students should not apply to graduate until the year in which they expect to complete all requirements for the degree in which they are enrolled. Students who do not complete all the requirements of the course, may exit with a lesser award by applying to the Academic Registrar and course coordinator. A student who has graduated previously from a lower award in Nursing (eg GradCertN) may proceed to study for a higher award—eg GradDipN or MN or MN(Hons)—but in graduating from the higher award will be obliged to relinquish the lower award. This arrangement is depicted on the following table. Unless advised otherwise, most students are encouraged to enrol in the MN.

Enrol in	Undertake	Endpoints possible
MN	Master of Nursing	Graduate with MN, <i>or</i> Proceed to the MN(Hons) <i>or</i> Exit with GradDipN <i>or</i> Exit with GradCertN
MN(Hons)	Master of Nursing (Hons)	Graduate with MN(Hons), <i>or</i> Exit with MN, <i>or</i> Exit with GradDipN <i>or</i> Exit with GradCertN
GradCertN	Graduate Certificate in Nursing	Graduate with GradCertN, <i>or</i> Proceed to GradDipN, <i>or</i> Proceed to MN, <i>or</i> Proceed to the MN(Hons)
GradDipN	Graduate Diploma in Nursing	Graduate with GradDipN, <i>or</i> Exit with GradCertN, <i>or</i> Proceed to MN, <i>or</i> Proceed to MN(Hons)

### Course structure

Two patterns are available:

#### Pattern 1—Single specialty

A minimum of three subjects is required for a specialty.

Six required subjects 18 credit points

Three specialty subjects 9 credit points

Three electives 9 credit points

#### Pattern 2—Double specialty

A minimum of three subjects in one strand and two from another strand is required for a double specialty.

Six required subjects 18 credit points

Five specialty subjects 15 credit points

One elective 3 credit points

#### Group A—Required subjects

NU550 Contemporary Health Care Issues 3 cr pts

CR502 Interpersonal Relations: Holistic Perspectives 3 cr pts

NU594 Advanced Holistic Health Assessment 3 cr pts

NU577 Research Methodologies A 3 cr pts

CR505 Religion and Health Care in a Secular Society 3 cr pts

NU597 Consultancy Project 3 cr pts

**Group B—Specialties****Group B1—Administration specialty**

NU587	Organisational Management	3 cr pts
NU588	Resource Management	3 cr pts
NU597	Consultancy Project	3 cr pts

**Group B2—Health Promotion specialty**

NU585	Promoting Health and Wellness	3 cr pts
NU586	Health Teaching and Mentoring	3 cr pts
NU590	Learning Contract	3 cr pts

**Group B3—Clinical Practice specialty**

NU552	Management of Health Dysfunction	3 cr pts
	Investigating Practice in ...*	3 cr pts
	Practicum in ...*	3 cr pts

\*Select a clinical practice area from the following list  
Anaesthetics and recovery, burns and plastics, critical care, day surgery, emergency care, gerontology, oncology, orthopaedics, perioperative care, wound management.

In completing each subject, students are responsible for undertaking 200 hours clinical practice in the area of their specialisation.

**Group C—Elective subjects**

NU578	Research Methodologies B	3 cr pts
NU592	Transcultural Nursing	3 cr pts
NU593	Parish Nursing	3 cr pts
NU590	Learning Contract	3 cr pts

**Master of Nursing (Hons)**

*Course code 2063*

Course coordinator: Alison Smedley

The Master of Nursing (Honours) provides extended knowledge and practice for practising registered nurses wishing to obtain higher qualifications relative to a specialty area and research training to allow them to proceed to enrol in a doctoral program. Students undertake a 48 credit point professional degree consisting of coursework and a major thesis focusing on at least one of the following specialist areas of nursing: administration; health promotion; anaesthetics and recovery; burns and plastics; critical care; day surgery; emergency care; gerontology; oncology; orthopaedics; parenting education; perioperative care; or wound management.

**Duration**

Two years full-time or the equivalent part-time. Part-time students typically progress at the rate of three or four subjects per year. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary.

**Credit points**

16 subjects totalling 48 credit points

**Mode of delivery**

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

**Abbreviation of course title**

MN(Hons) (followed by name of specialty/s)

**Accreditation**

The course is accredited by the NSW Department of Education and Training.

**Entry requirements**

Bachelor of Nursing or Graduate Diploma in Nursing with a cumulative GPA of 70%, registered to practice as a Registered Nurse in NSW, and at least one year of professional experience (preferred).

**Course structure**

Required subjects (7)	21 cr pts
Specialty subjects (3 or 4)	9–12 cr pts
Elective subjects (2 or 1)— <i>single specialty only</i>	6–3 cr pts
Thesis	12 cr pts

**Group A—Required subjects**

NU550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts
NU594	Advanced Holistic Health Assessment	3 cr pts
NU577	Research Methodologies A	3 cr pts
NU578	Research Methodologies B	3 cr pts
CR505	Religion and Health Care in a Secular Society	3 cr pts
NU597	Consultancy Project Thesis	3 cr pts 12 cr pts

**Group B1—Administration specialty**

NU587	Organisational Management	3 cr pts
NU588	Resource Management	3 cr pts
NU597	Consultancy Project	3 cr pts

**Group B2—Health Promotion specialty**

NU585	Promoting Health and Wellness	3 cr pts
NU586	Health Teaching and Mentoring	3 cr pts
NU590	Learning Contract	3 cr pts

**Group B3—Clinical Practice specialty**

NU552	Management of Health Dysfunction	3 cr pts
	Investigating Practice in ...*	3 cr pts
	Practicum in ...*	3 cr pts

\*Select a clinical practice area from the following list  
Anaesthetics and recovery, burns and plastics, critical care, day surgery, emergency care, gerontology, oncology, orthopaedics, perioperative care, wound management.

In completing each subject, students undertake 200 hours clinical practice in the area of their specialisation.

**Group C—Elective subjects**

3-6 credit points (available in single specialty only)

NU592	Transcultural Nursing <i>or</i>	3 cr pts
HE592	Transcultural Health Care	3 cr pts
NU593	Parish Nursing <i>or</i>	3 cr pts
HE593	Parish Health Care	3 cr pts
NU590	Learning Contract	3 cr pts

**Graduate Diploma in Nursing**

*Course code 2061*

Course coordinator: Alison Smedley

A coursework degree designed to advance the graduate nurse's knowledge and skills within a particular major field of nursing practice.

**Duration**

One year full-time or the equivalent part-time. Part-time students typically progress at the rate of three or four subjects per year. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary.

**Credit points**

8 subjects totalling 24 credit points

**Mode of delivery**

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

**Abbreviation of course title**

GradDipN (followed by name of specialty)

**Accreditation**

The course is accredited by the NSW Department of Education and Training and by the Nurses Registration Board of NSW.

**Entry requirements**

Bachelor of Nursing or Graduate Certificate in Nursing, registered to practice as a Registered Nurse in NSW, at least one year of professional experience (preferred), and have access to appropriate specialist clinical nursing experience

**Course requirements (24 credit points)**

Four required subjects	12 cr pts
Three specialty subjects	9 cr pts
One elective subject	3 cr pts

**Group A—Required subjects**

NU550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts
NU594	Advanced Holistic Health Assessment	3 cr pts
NU577.1	Research Methodologies A	3 cr pts

**Group B1—Administration specialty**

NU587	Organisational Management	3 cr pts
NU588	Resource Management	3 cr pts
NU597	Consultancy Project	3 cr pts

**Group B2—Health Promotion specialty**

NU585	Promoting Health and Wellness	3 cr pts
NU586	Health Teaching and Mentoring	3 cr pts
NU590	Learning Contract	3 cr pts

**Group B3—Clinical Practice specialty**

NU552	Management of Health Dysfunction	3 cr pts
	Investigating Practice in ...*	3 cr pts
	Practicum in ...*	3 cr pts

\*Select a clinical practice area from the following list  
Anaesthetics and recovery, burns and plastics, critical care, day surgery, emergency care, gerontology, oncology, orthopaedics, perioperative care, wound management.

In completing each subject, students undertake 200 hours clinical practice in the area of their specialisation.

**Group C—Elective subjects**

NU592	Transcultural Nursing <i>or</i>	3 cr pts
HE592	Transcultural Health Care	3 cr pts
NU593	Parish Nursing <i>or</i>	3 cr pts
HE593	Parish Health Care	3 cr pts
HE578	Research Methodologies B	3 cr pts

**Graduate Certificate in Nursing**

*Course code 2060*

Course coordinator: Alison Smedley

A coursework degree leading the student to develop higher levels of knowledge, attitudes and skills in relation to nursing. This course is suitable for nurses re-entering clinical practice or nurses wishing to study a particular aspect of nursing.

**Duration**

One semester full-time or the equivalent part-time.

**Credit points**

4 subjects totalling 12 credit points

**Mode of delivery**

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

**Abbreviation of course title**

GradCertN (followed by name of specialty)

**Accreditation**

The course is accredited by the NSW Department of Education.

**Entry requirements**

A Bachelor of Nursing degree or equivalent, Registered Nurse (RN) credentials, and one year of professional experience (preferred) or other evidence of relevant prior learning and/or experience.

**Course requirements (12 credit points)**

Two required subjects	6 cr pts
Two elective subjects	6 cr pts
Two related specialty subjects are required for a specialty.	

**Group A—Required subjects**

NU550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts

**Group B—Specialties****Group B1 Administration specialty**

NU587	Organisational Management	3 cr pts
NU588	Resource Management	3 cr pts

**Group B2—Health Promotion specialty**

NU585	Promoting Health and Wellness	3 cr pts
NU586	Health Teaching and Mentoring	3 cr pts

**Group B3—Clinical Practice specialty**

Investigating Practice in ...*	3 cr pts
Practicum in ...*	3 cr pts

\*Select a clinical practice area from the following list  
Anaesthetics and recovery, burns and plastics, critical care, day surgery, emergency care, gerontology, oncology, orthopaedics, perioperative care, wound management.

In completing each subject, students are responsible for arranging 200 hours clinical practice in the area of their specialisation.

**Group C—Elective subjects**

NU594	Advanced Holistic Health Assessment	3 cr pts
NU552	Management of Health Dysfunction	3 cr pts
CR505	Religion and Health Care in a Secular Society	3 cr pts
NU592	Transcultural Nursing	3 cr pts
NU593	Parish Nursing	3 cr pts

**Master of Health Studies**

Course coordinator: Alison Smedley

Course code 2082

An advanced course on health promotion that allows students to apply these principles to a second area of specialty, or to progress to a research-based degree or workplace. Specialities in administration, health promotion and parenting education are available.

**Duration**

One-and-a-half years full-time or the equivalent part-time. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary

**Credit points**

12 subjects totalling 36 credit points

**Mode of delivery**

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

**Abbreviation of course title**

MHSt (followed by name of specialty/s)

**Accreditation**

The course is accredited by the NSW Department of Education and Training.

**Entry requirements**

An appropriate undergraduate degree in health or equivalent, or have completed a Graduate Diploma in Health Studies with a cumulative grade point average of 65% or above; and at least three years relevant experience in healthcare or in one of the caring professions or equivalent services. Applicants must also have access to relevant context for practical specialty experience.

**Enrolment**

As the MHSt, MHSt(Hons), GradCertHSt and GradDipHSt are nested courses, students enrol in the highest degree from which they expect to graduate. Students should not apply to graduate until the year in which they expect to complete all requirements for the degree in which they are enrolled. Students who do not complete all the requirements of the course, may exit with a lesser award by applying to the Academic Registrar and course coordinator. A student who has graduated previously from a lower award in Nursing (eg GradCertHSt) may proceed to study for a higher

award—eg GradDipHSt or MHSt or MHSt (Hons)—but in graduating from the higher award will be obliged to relinquish the lower award. This arrangement is depicted on the following table. Unless advised otherwise, most students are encouraged to enrol in the MHSt.

<i>Enrol in</i>	<i>Undertake</i>	<i>Endpoints possible</i>
MHSt	Master of Health Studies	Graduate with MHSt, <i>or</i> Proceed to the MHSt(Hons) <i>or</i> Exit with GradDipHSt <i>or</i> Exit with GradCERHSt
MHSt(Hons)	Master of Health Studies (Hons)	Graduate with MHSt(Hons), <i>or</i> Exit with MHSt, <i>or</i> Exit with GradDipHSt <i>or</i> Exit with GradCERHSt
GradCERHSt	Graduate Certificate in Health Studies	Graduate with GradCERHSt, <i>or</i> Proceed to GradDipHSt, <i>or</i> Proceed to MHSt, <i>or</i> Proceed to the MHSt(Hons)
GradDipHSt	Graduate Diploma in Health Studies	Graduate with GradDipHSt, <i>or</i> Exit with GradCERHSt, <i>or</i> Proceed to MHSt, <i>or</i> Proceed to MHSt(Hons)

### Course structure

Two patterns are available:

#### Pattern 1—Single speciality

A minimum of three subjects is required for a speciality.

Six required subjects	18 cr pts
Three speciality subjects	9 cr pts
Three electives	9 cr pts

#### Pattern 2—Double speciality

A minimum of three subjects in one strand and two from another strand is required for a double speciality.

Six required subjects	18 cr pts
Five speciality subjects	15 cr pts
One elective	3 cr pts

#### Group A—Required subjects

HE550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts
HE551	Holistic Health Assessment	3 cr pts
HE577	Research Methodologies A	3 cr pts
CR505	Religion and Health Care in a Secular Society	3 cr pts
HE589	Consultancy Project	3 cr pts

#### Group B—Administration speciality

A speciality in the Master of Health Studies is three subjects in a particular strand. A double speciality is three subjects in one strand and two from another strand.

##### Group B1—Administration speciality

HE587	Organisational Management	3 cr pts
HE588	Resource Management	3 cr pts
HE590	Learning Contract in Health	3 cr pts

##### Group B2—Health Promotion speciality

HE585	Promoting Health and Wellness	3 cr pts
HE586	Health Teaching and Mentoring	3 cr pts
HE590	Learning Contract in Health	3 cr pts

#### Elective subjects

Registered Nurses may choose nursing subjects as electives. Students taking a double speciality choose one of the following subjects. Students taking a single speciality choose three of the following, or other options from the remaining speciality subjects:

HE592	Transcultural Health Care	3 cr pts
HE593	Parish Health Care	3 cr pts
HE578	Research Methodologies B	3 cr pts

## Master of Health Studies (Honours)

Course code 2083

Course coordinator: Alison Smedley

An advanced course on health promotion consisting of coursework and a thesis that allows students to progress to a research-based doctoral degree or a research-oriented workplace.

### Duration

Two years full-time or the equivalent part-time. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary

### Credit points

Sixteen subjects totalling 48 credit points

### Mode of delivery

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

### Abbreviation of course title

MHSt(Hons) (followed by name of specialty/s)

### Accreditation

The course is accredited by the NSW Department of Education and Training.

### Entry requirements

An appropriate undergraduate degree in health or equivalent, or have completed a Graduate Diploma in Health Studies with a cumulative grade point average of 70% or above; and at least three years relevant experience in healthcare or in one of the caring professions or equivalent services. Applicants also must have access to relevant context for practical specialty experience.

### Course structure

Required subjects (8)	24 cr pts
Specialty subjects (3 or 4)	9–12 cr pts
Elective subjects (2 or 1)— <i>single specialty only</i>	6–3 cr pts
Thesis	12 cr pts

#### Group A—Required subjects

HE550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts

HE587	Organisational Management	3 cr pts
HE551	Holistic Health Assessment	3 cr pts
HE577	Research Methodologies A	3 cr pts
CR505	Religion and Health Care in a Secular Society	3 cr pts
HE589	Consultancy Project	3 cr pts
HE578	Research Methodologies B Thesis	3 cr pts 12 cr pts

#### Group B—Specialisations

A specialty in the Master of Health Studies (Hons) comprises a minimum of three subjects from a particular group. A double specialty comprises three subjects in one group and two from a second group.

##### Group B1—Administration specialty

HE587	Organisational Management	3 cr pts
HE588	Resource Management	3 cr pts
HE589	Consultancy Project	3 cr pts

##### Group B2—Parenting Education specialty

HE554	Investigating Practice in Parenting Education	3 cr pts
HE566	Practicum in Parenting Education	3 cr pts
HE586	Health Teaching and Mentoring	3 cr pts

#### Elective subjects

Registered Nurses may choose nursing subjects as electives. Students taking a double specialty choose one of the following subjects. Students taking a single specialty choose three of the following or other options from the remaining specialty subjects:

HE592	Transcultural Health Care	3 cr pts
HE593	Parish Health Care	3 cr pts
HE590	Learning Contract in Health	3 cr pts

## Graduate Diploma in Health Studies

Course code 2081

Course coordinator: Alison Smedley

An advanced course on health promotion designed to extend the student's knowledge and skills in the promotion of healthful living.

### Duration

One year full-time or the equivalent part-time. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary.

### Credit points

8 subjects totalling 24 credit points

### Mode of delivery

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

### Abbreviation of course title

GradDipHSt (followed by name of specialty)

### Accreditation

The course is accredited by the NSW Department of Education and Training.

### Entry requirements

An appropriate undergraduate degree in health or equivalent, and at least three years relevant experience in healthcare or in one of the caring professions or equivalent services, or satisfactory completion of a designated postgraduate subject.

### Course structure

Four required subjects	12 cr pts
Three specialty subjects	9 cr pts
One elective	3 cr pts

#### Group A—Required subjects

HE550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts
HE551	Holistic Health Assessment	3 cr pts
HE577	Research Methodologies A	3 cr pts

#### Group B—Specialisations

A specialty in the Graduate Diploma in Health Studies comprises three subjects from a particular group.

#### Group B1—Administration specialty

HE587	Organisational Management	3 cr pts
HE588	Resource Management	3 cr pts
HE589	Consultancy Project	3 cr pts

#### Group B2—Health Promotion specialty

HE585	Promoting Health and Wellness	3 cr pts
HE586	Health Teaching and Mentoring	3 cr pts
HE590	Learning Contract in Health	3 cr pts

#### Elective subjects

Registered Nurses may choose nursing subjects as electives. Students taking a single specialty choose one of the following or other options from the remaining specialty subjects:

HE592	Transcultural Health Care	3 cr pts
HE593	Parish Health Care	3 cr pts
HE578	Research Methodologies B	3 cr pts

## Graduate Certificate in Health Studies

Course code 2080

Course coordinator: Alison Smedley

A course on health promotion designed to develop higher levels of knowledge, attitudes and skills as a foundation for health and health promotion practices.

### Duration

One semester full-time or the equivalent part-time. Flexibility allows students to either 'fast-track' their course by taking overloads, or take fewer subjects in some years if necessary.

### Credit points

4 subjects totalling 12 credit points

### Mode of delivery

Subjects are offered either by distance education or mixed mode (a combination of on-campus attendance and distance education).

### Abbreviation of course title

GradCertHSt (followed by name of specialty/s)

### Accreditation

The course is accredited by the NSW Department of Education and Training.

### Entry requirements

An appropriate undergraduate degree in health or equivalent, and at least three years relevant experience in healthcare or in one of the caring professions or equivalent services, or satisfactory completion of a designated postgraduate subject.

### Course structure

Two required subjects 6 cr pts  
Two elective subjects 6 cr pts  
Two related specialty subjects are required for a specialty.

#### Group A—Required Subjects

HE550	Contemporary Health Care Issues	3 cr pts
CR502	Interpersonal Relations: Holistic Perspectives	3 cr pts

#### Group B—Specialisations

A specialty in the Graduate Certificate in Health Studies comprises two subjects from a particular group..

#### Group B1—Administration specialty

HE587	Organisational Management	3 cr pts
HE588	Resource Management	3 cr pts

#### Group B2—Health Promotion specialty

HE585	Promoting Health and Wellness	3 cr pts
HE586	Health Teaching and Mentoring	3 cr pts

#### Elective subjects

HE551	Holistic Health Assessment	3 cr pts
CR505	Religion and Health Care in a Secular Society	3 cr pts
HE592	Transcultural Health Care	3 cr pts
HE593	Parish Health Care	3 cr pts