

Outdoor Recreation

Staff

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Certificate Courses in Outdoor Recreation

Certificate III in Outdoor Recreation
Certificate IV in Outdoor Recreation

The courses provide nationally recognised competency-based training qualifications at standards set by industry.

Training specialisations

- Abseiling Certificates III and IV
- Rock climbing Certificate IV
- Flatwater canoeing/kayaking Certificate III
- White water kayaking/canoeing Certificate III
- Sea kayaking Certificate IV
- Wilderness navigation/bushwalking Certificates III and IV

Employment possibilities

- Retail camping sector
- Sport and recreation centres
- Camping and outdoor recreation centres
- Wilderness adventure camping and tourism
- Outdoor education
- Adventure therapy programs
- Youth at Risk programs
- Vocational training
- Guiding

Duration

Outdoor Recreation students complete a series of self-paced units and progress at a rate compatible with their needs and abilities. Recommended study periods are:

Certificate III—one year (two semesters) of full-time study
Certificate IV—one year (two semesters) of full-time study

Accreditation

The courses are accredited by the NSW Vocational Education Training Accreditation Board (VETAB) and recognised under the National Framework for the Recognition of Training (NFROT). This allows for credit to be transferred to and from other public and private education and training institutions. The courses are approved for Austudy/Abstudy/Youth Allowance purposes and approved as courses for overseas students.

Entry requirements

Completion of Year 12 is strongly recommended for entry. Senior First Aid and Bronze Medallion qualifications are compulsory prerequisites of the course. It is also expected that applicants will have a reasonable standard of fitness, which needs to be maintained to continue to engage in outdoor pursuits. Students must have an aptitude for physical activity and leadership, must be literate and numerate and good communicators. Prior experience and a positive interest in several outdoor pursuits are desirable.

Entry requirements for overseas applicants

Applicants from other countries will have their qualifications assessed by the Admissions Office. Applicants from a country where English is not the first language must demonstrate proficiency in English in one of the following ways:

- 1 Provide documentary evidence that secondary schooling was conducted in an English medium, *and*

evidence of a satisfactory pass in English in a British O-level examination or local equivalent.

- Obtain an overall IELTS score of 5.5 or better with no individual band score less than 5.5.

Overseas applicants are also required to satisfy Australian Government visa requirements.

Progression from Certificate III to Certificate IV

Students successfully completing Certificate III will gain advanced standing into the Certificate IV in Outdoor Recreation.

Recognition of Current Competency (RCC)

Because neither the route nor the method of learning is considered in the assessment process, the College takes into account a range of prior learning experience, including experiences other than those accredited by other registered providers. Students who consider they already possess the skills and knowledge necessary to be deemed competent in any element may have the opportunity to have this substantiated through formal qualifications or assessment/ references.

All units in these courses are nationally recognised and therefore those students who have completed a recognised unit at another registered provider may be granted credit. Up to 25% of a course may be credited through RCC.

Industry placement

For Certificate III all students are required to participate in a minimum of 3 weeks full-time work placement by the completion of the course. For Certificate IV all students are required to participate in a minimum of 5 weeks full-time work placement by the completion of the course. The Course Coordinator and training staff will assist in the organisation of this component.

Field trips

Much of the instruction for both courses takes place in the field. Trips can range from excursions of a few hours duration to local abseil sites to extended expeditions to the high country of the Snowy Mountains. To enhance employment opportunities and provide exposure to the networks of the outdoor recreation industry, students are encouraged to attend the annual conference of the Outdoor Recreation Industry Council of New South Wales.

Equipment and additional costs

The College provides all abseiling and canoeing equipment including personal flotation devices, canoes/ kayaks, helmets and harnesses and safety gear.

Students are expected to provide:

- Wetsuit and neoprene booties
- Pack, sleeping bag
- Boots, waterproof jacket
- Appropriate clothing
- Stove
- Torch, compass, first aid kit

It may be that some students will not have all this equipment at the start of the course in March, and for this reason, the College has negotiated substantial discounts for students in the course (15-20% off) through local retailers. A field trip to these suppliers is normally made during the first week of classes.

Estimated equipment cost:	A\$1,550
<i>(assuming purchase of all on list)</i>	
Estimated textbook cost (per year):	A\$160

Personal injury insurance

While personal insurance is not compulsory, students may wish to investigate the costs associated with obtaining some level of coverage.

Courses of study

Certificate III in Outdoor Recreation

Certificate III in Outdoor Recreation is a one-year course of full-time study, which provides comprehensive training in a variety of outdoor recreation skills to a guiding level.

The course provides nationally recognised competency-based training qualifications at industry standards.

To satisfy the requirements and qualify for a Certificate III award, the combination of unit groups listed below must be successfully completed.

Group A

Sport and Recreation Core Units (including pre/co-requisites)

Group B

Outdoor Recreation Stream Units (including pre/co-requisites)

Group C

Outdoor Recreation Specialisation Clusters of Units

Group D

Additional electives

Certificate IV in Outdoor Recreation

Certificate IV in Outdoor Recreation is a one-year course of full-time study, which provides the professional competencies required by practitioners to instruct recreational skills in a broad range of outdoor settings. The program provides the theoretical understanding of the physiological and psychological needs of clients required for safe leadership in remote wilderness areas. Certificate III is a prerequisite, as Certificate IV builds on

the foundations of the Certificate III program and further extends the skills to instructor level.

To qualify for a Certificate IV award, the following combination of unit groups must be successfully completed:

Group A

Sport and Recreation Core Units

Group B

Outdoor Recreation Stream Units

Group C

Outdoor Recreation Specialisation Clusters

Certificate III in Outdoor Recreation

Core/Stream units

- BSBCMN301A Exercise initiative in a business environment
- BSBCMN302A Organise personal work priorities and development
- BSBCMN304A Contribute to personal skill development and learning
- BSBCMN305A Organise workplace information
- BSBCMN312A Support innovation and change
- BSBCMN313A Maintain environmental procedures
- BSBFLM303A Contribute to effective workplace relationships
- ICAITU012C Design organisational documents using computing packages
- ICAITU126B Use advanced features of computer applications
- SRXFAD002A Provide advanced first aid response
- SRXEMR001A Respond to emergency situations
- SRXFAD001A Provide first aid
- SRXGCSO04A Meet client needs and expectations
- SRXGCST03A Process client complaints
- SRXINU002A Apply sport and recreation law
- SRXINU003A Analyse participation patterns in specific markets of the leisure and recreation industry
- SRXRIK001A Undertake risk analysis of activities
- SRXOHS001B Follow defined Occupational Health and Safety policies and procedures
- SROODR001A Apply basic outdoor recreation logistics
- SROODR002A Plan outdoor recreation activities
- SROOPS003B Apply weather information
- SROODR005A Guide outdoor recreation sessions
- SRXGRO001A Facilitate a group
- SROOPS001A Implement minimal environmental impact practices
- SROOPS002B Plant for minimal environmental impact
- SROOPS006B Use and maintain a temporary or overnight site
- SRXGRO002A Deal with conflict

Activity clusters

- Bushwalking, guide—tracked or easy untracked areas*
- SROBVG001A Demonstrate bushwalking skills in tracked or easy untracked areas
- SROBVG002A Demonstrate bushwalking skills in difficult or trackless areas
- SROBVG008A Guide bushwalks in tracked or easy untracked areas
- SRONAV001B Navigate in tracked or easy untracked areas
- SRONAV002B Navigate in difficult or trackless areas
- Kayaking, guide—flatwater*
- SROKYK001A Demonstrate simple kayaking skills
- SROKYK002A Demonstrate simple kayaking skills to a high standard
- SROCNE003A Perform deep water rescues
- SROKYK005A Guide kayaking trips on flat and undemanding water
- Abseiling, guide—natural surface, single pitch*
- SROABN001A Demonstrate simple abseiling skills on natural surfaces
- SROABN003A Apply single pitch abseiling skills on natural surfaces
- SROABN004A Establish ropes for single pitch abseiling on natural surfaces
- SROABN007A Guide abseiling on natural surfaces (single pitch)
- SROVTR001A Perform vertical rescues

Elective units

- SROWWR001B Apply self rescue skills in white water
- SROCNE001A Demonstrate simple canoeing skills
- SROKYK003A Apply inland kayaking skills on Grade 2 water
- SROABN002A Safeguard an abseiler using a single rope belay system
- SROABL001B Take an assistant leadership role in the facilitation of adventure-based learning activities

Christian Studies units

- OA99 Visionary Leadership in the Outdoors 1

Certificate IV in Outdoor Recreation**Core/stream units**

SRXOGN001A	Conduct projects
BSBFLM404A	Lead work teams
BSBCMN402A	Develop work priorities
BSBCMN404A	Develop teams and individuals
BSBCMN405A	Analyse and present workplace information
BSBCMN412A	Promote innovation and change
BSBCMN413A	Implement and monitor environmental policies
BSBCMN403A	Establish business networks
SRXTCN001A	Assist with analysis and use of emerging technology
SRXFAD005A	Manage casualty in a remote and/or isolated area
SRXEMR002A	Co-ordinate emergency response
SRXGCSO06A	Address client needs
SRXGCST05A	Co-ordinate client service activities
SRXINU004A	Promote compliance with laws and legal principles
SRXOHS002B	Implement and monitor the organisation's Occupational Health and Safety policies procedures and programs
SROODR006A	Manage risk in an outdoor activity
SROODR003A	Plan outdoor recreation activities (Advanced)
SROOPS004B	Interpret weather conditions in the field
SROODR007A	Develop and coordinate programs incorporating outdoor activities
SRXRES003B	Contribute to the planning, monitoring and control of resources
SRXGRO003A	Provide leadership to groups

Activity clusters*Bushwalking, guide—difficult and trackless areas*

SROBWG003A	Demonstrate bushwalking skills in unmodified landscapes
SROBWG009A	Guide bushwalks in difficult and trackless areas
SROBWG004A	Demonstrate river crossing skills
SRONAV003B	Navigate in unmodified landscapes in extreme environmental conditions

Sea kayaking, instruct—easy to moderate conditions

SROKYS001A	Demonstrate simple sea kayaking skills
SROKYS002A	Demonstrate sea kayaking skills to a high standard
SROKYS003A	Apply sea kayaking skills in moderate conditions
SROKYS005a	Plan and navigate a sea kayaking inshore passage
SROKYS007A	Instruct sea kayaking (easy to moderate conditions)
SROOPS007A	Interpret weather for marine environments

PUAOPE002A	Operate communications systems and equipment
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Abseiling, instruct—natural surface (single pitch)

SROABN008A	Instruct abseiling on natural surfaces (single pitch)
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Climbing, instruct—natural surface (single pitch—restricted)

SROCLN001A	Demonstrate simple climbing skills on natural surfaces
SROCLN002A	Apply climbing skills on natural surfaces
SROCLN003A	Establish belays for climbing on natural surfaces
SROCLN009A	Instruct climbing on natural surfaces (restricted)

Elective units

BSZ404A	Train small groups
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Christian Studies unit

OB99	Visionary Leadership in the Outdoors II
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