

Department of Outdoor Recreation

Staff

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Outdoor Recreation

Outdoor Recreation Training Package—SRO03



SRO30203—Certificate III in Outdoor Recreation
SRO50203—Diploma of Outdoor Recreation

The courses provide nationally recognised competency-based training qualifications in guiding outdoor programs with appropriate theory at standards set by industry.

Training specialisations

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|-------------------------------------|-----------------------------|
| • Abseiling | Certificate III |
| • Flatwater canoeing/kayaking | Certificate III |
| • Sea kayaking | Certificate III |
| • Indoor rock climbing | Diploma |
| • Low ropes | Diploma |
| • White water kayaking | Diploma |
| • Wilderness navigation/bushwalking | Certificate III and Diploma |

Employment possibilities

- Retail camping sector
- Sport and recreation centres
- Camping and outdoor education centres
- Wilderness adventure camping and tourism
- Adventure therapy programs
- Youth at Risk programs
- Vocational training
- Guiding for commercial operations

Duration

Outdoor Recreation students complete a series of self-paced units and progress at a rate compatible with their needs and abilities. Recommended study periods are:
Certificate III—one year (two semesters) of full-time study
Diploma—one year (two semesters) of full-time study

Accreditation

The courses are accredited by the NSW Vocational Education Training Accreditation Board (VETAB). This allows for credit to be transferred to and from other public and private education and training institutions. The courses are approved for Austudy/Abstudy/Youth Allowance purposes and approved as courses for overseas students. The courses provide nationally recognised competency-based training qualifications to the standard set by industry.

Entry requirements

Completion of Year 12 is strongly recommended for entry. Senior First Aid and Bronze Medallion qualifications are compulsory prerequisites of the course. It is also expected that applicants will have a reasonable standard of fitness, which needs to be maintained to continue to engage in outdoor pursuits. Students must have an aptitude for physical activity and leadership, must be literate and numerate and good communicators. Prior experience and a positive interest in several outdoor pursuits are desirable.

Entry requirements for overseas applicants

Applicants from other countries will have their qualifications assessed by the Academic Registrar. Applicants from a country where English is not the first language must demonstrate proficiency in English in one of the following ways:

- 1 Provide documentary evidence that secondary schooling was conducted in an English medium, *and* evidence of a satisfactory pass in English in a British O-level examination or local equivalent.
- 2 Obtain an overall IELTS score of 5.5 or better with no individual band score less than 5.5.

Overseas applicants are also required to satisfy Australian Government visa requirements.

Progression from Certificate III to Diploma

Students successfully completing SRO30203—Certificate III in Outdoor Recreation will gain advanced standing into SRO50203—Diploma of Outdoor Recreation.

SRO40203—Certificate IV in Outdoor Recreation is available for students who choose not to fulfil all the requirements of the diploma.

Industry placement

For SRO30203—Certificate III in Outdoor Recreation all students are required to participate in a minimum of three weeks full-time work placement by the completion of the course.

For SRO50203—Diploma of Outdoor Recreation all students are required to participate in a minimum of five weeks full-time work placement by the completion of the course. The Course Coordinator and training staff will assist in the organisation of this component.

Field trips

Much of the instruction for both courses takes place in the field. Trips can range from excursions of a few hours' duration to local abseil sites to extended expeditions to the high country of the Snowy Mountains and/or Tasmania. To enhance employment opportunities and provide exposure to

the networks of the outdoor recreation industry, students are encouraged to attend the annual conference of the Outdoor Recreation Industry Council of New South Wales.

Equipment and additional costs

Avondale College provides all abseiling and canoeing equipment including personal flotation devices, canoes/kayaks, helmets and harnesses and safety gear.

Students are expected to provide:

- wetsuit and neoprene booties
- pack, sleeping bag
- boots, waterproof jacket
- appropriate clothing
- stove
- torch, compass, first aid kit

It may be that some students will not have all this equipment at the start of the course in March, and for this reason, Avondale College has negotiated substantial discounts for students in the course (15–20% off) through local retailers. A field trip to these suppliers is normally made during the first week of classes.

Estimated equipment cost: A\$1,000

(assuming purchase of all on list)

Estimated textbook cost (per year): A\$100

Personal injury insurance

While personal insurance is not compulsory, students may wish to investigate the costs associated with obtaining some level of coverage.

Courses of study

SRO30203—Certificate III in Outdoor Recreation

SRO30203—Certificate III in Outdoor Recreation is a one-year course of full-time study, which provides comprehensive training in a variety of outdoor recreation skills to a guiding level.

The course provides nationally recognised competency-based training qualifications at industry standards.

To satisfy the requirements and qualify for a Certificate III award, the combination of unit groups listed below must be successfully completed.

Group A

Sport and Recreation Core Units (including pre/co-requisites)

Group B

Outdoor Recreation Stream Units (including pre/co-requisites)

Group C

Outdoor Recreation Specialisation Clusters of Units

Group D

Additional electives

SRO50203—Diploma of Outdoor Recreation

SRO50203—Diploma of Outdoor Recreation is a one-year course of full-time study, which provides the professional competencies required by practitioners to instruct recreational skills in a broad range of outdoor settings. The program provides the theoretical understanding of the physiological and psychological needs of clients required for safe leadership in remote wilderness areas. SRO30203—Certificate III in Outdoor Recreation is a prerequisite, as SRO50203—Diploma of Outdoor Recreation builds on the foundations of SRO30203—Certificate III in Outdoor Recreation and further extends the skills to instructor level.

To qualify for a SRO50203—Diploma of Outdoor Recreation award, the following combination of unit groups must be successfully completed:

Group A

Sport and Recreation Core Units

Group B

Outdoor Recreation Stream Units

Group C

Outdoor Recreation Specialisation Clusters

Certificate III in Outdoor Recreation**Core/Stream units**

BSBCMN301A	Exercise initiative in a business environment
BSBCMN302A	Organise personal work priorities and development
BSBCMN304A	Contribute to personal skill development and learning
BSBCMN305A	Organise workplace information
BSBCMN312A	Support innovation and change
BSBCMN313A	Maintain environmental procedures
BSBFLM303A	Contribute to effective workplace relationships
ICAITU012C	Design organisational documents using computing packages
ICAITU126B	Use advanced features of computer applications
SRXFAD002A	Provide advanced first aid response
SRXEMR001A	Respond to emergency situations
SRXFAD001A	Provide first aid
SRXGCSO04A	Meet client needs and expectations
SRXGCST03A	Process client complaints
SRXINU002A	Apply sport and recreation law
SRXINU003A	Analyse participation patterns in specific markets of the leisure and recreation industry
SRXRIK001A	Undertake risk analysis of activities
SRXOHS001B	Follow defined Occupational Health and Safety policies and procedures
SROODR001A	Apply basic outdoor recreation logistics
SROODR002A	Plan outdoor recreation activities

SROOPS003B	Apply weather information
SROODR005A	Guide outdoor recreation sessions
SRXGRO001A	Facilitate a group
SROOPS001A	Implement minimal environmental impact practices
SROOPS002B	Plant for minimal environmental impact
SROOPS006B	Use and maintain a temporary or overnight site
SRXGRO002A	Deal with conflict

Activity clusters*Bushwalking, guide—tracked or easy untracked areas*

SROBWG001A	Demonstrate bushwalking skills in tracked or easy untracked areas
SROBWG002A	Demonstrate bushwalking skills in difficult or trackless areas
SROBWG008A	Guide bushwalks in tracked or easy untracked areas
SRONAV001B	Navigate in tracked or easy untracked areas
SRONAV002B	Navigate in difficult or trackless areas

Kayaking, guide—flatwater

SROKYK001A	Demonstrate simple kayaking skills
SROKYK002A	Demonstrate simple kayaking skills to a high standard
SROCNE003A	Perform deep water rescues
SROKYK005A	Guide kayaking trips on flat and undemanding water

Abseiling, guide—natural surface, single pitch

SROABN001A	Demonstrate simple abseiling skills on natural surfaces
SROABN003A	Apply single pitch abseiling skills on natural surfaces
SROABN004A	Establish ropes for single pitch abseiling on natural surfaces
SROABN007A	Guide abseiling on natural surfaces (single pitch)
SROVTR001A	Perform vertical rescues

Elective units

SROWWR001B	Apply self rescue skills in white water
SROCNE001A	Demonstrate simple canoeing skills
SROKYK003A	Apply inland kayaking skills on Grade 2 water
SROABN002A	Safeguard an abseiler using a single rope belay system
SROABL001B	Take an assistant leadership role in the facilitation of adventure-based learning activities

Avondale core requirement

OA99	Visionary Leadership in the Outdoors 1
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Diploma of Outdoor Recreation

Core/stream units

SROOGN001A	Conduct projects
SROOGN002A	Manage projects
BSBADM502A	Manage meetings
BSBFLM404A	Lead work teams
SRXGSCS07A	Determine needs of client populations
SRXINU002A	Apply sport and recreation law
SRXINU004A	Promote compliance with laws and legal principles
SRXINU005A	Manage culture and education to expand participation in a leisure and recreation service
SRXRIK001A	Undertake risk analysis of activities
SRXRIK002A	Manage an organisation's risk
SRXOHS002B	Implement and monitor the organisation's Occupation Health and Safety policies
SRXOHS003B	Establish, maintain and evaluate the organisation's Occupation Health and Safety system
SROODR008A	Review outdoor recreation ethics and philosophies
SROODR009A	Evaluate policy/procedures for an outdoor business/organisation
SROOPS002B	Plan for minimal environment impact
SROOPS008A	Apply the principles of natural resource management
SRXRES003B	Contribute to the planning, monitoring and control of resources
SRXFAC005B	Coordinate facility and equipment acquisition and maintenance

Activity Clusters

Bushwalking—Guide—difficult and trackless areas

SROBWG002A	Demonstrate bushwalking skills in difficult or trackless areas
SROBWG003A	Demonstrate bushwalking skills in unmodified landscapes
SROBWG008A	Guide bushwalks in tracked or easy untracked areas
SROBWG009A	Guide bushwalks in difficult and trackless areas
SROBWG004A	Demonstrate river crossing skills
SRONAV003B	Navigate in unmodified landscapes in extreme environmental conditions
PUAOPE002A	Operate communications systems and equipment
SROOPS004B	Interpret weather conditions in the field

White water kayaking—Instruct—Grade 2

BSZ404A	Train small groups
SROKYK003A	Apply inland kayaking skills on Grade 2 water
SROKYK008A	Instruct kayaking skills on Grade 2 water
SROWWR001B	Apply self rescue skills in white water

SROWWR002B	Perform white water rescues and recoveries
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Climbing—Instruct—Artificial surface—Single Pitch

BSZ404A	Train small groups
SROCLA003A	Establish belays for climbing on artificial surfaces
SROCLA004A	Apply lead climbing skills on artificial surfaces
SROCLA009A	Instruct climbing on artificial surfaces
SROVTR001	Perform vertical rescues

Avondale Core Requirement

SRXGRO003A	Provide leadership to groups
0B99	Visionary Leadership in the Outdoors II