

OUTDOOR LEADERSHIP

SHORT COURSES



SHORT COURSE QUALIFICATIONS OFFERED THROUGH AVONDALE

Avondale is offering short courses to meet community and industry need. These are activity skill sets such as Bushwalking, Kayaking and Abseiling from the SIS19 L Sports Fitness and Recreation Training Package.

Avondale is a registered training organisation and qualifications from these short courses will put you in a good position to gain registration from programs like the National Outdoor Leader Registration Scheme (NOLRS). The courses are presented as a mixed mode of delivery with all theory being completed online and practical assessments being completed in the field where applicable with an Avondale trainer and assessor.

UNIQUE STUDENT IDENTIFIER

From January 2015, as part of new Government requirements, all Vocational Education and Training (VET) students are required to have a Unique Student Identifier (USI). If you intend to enrol in an Outdoor Leadership Short Course and have not yet applied for your USI it is free and easy for you to create your own USI online at www.usi.gov.au. Please ensure that you have the required documentation to obtain a USI prior to proceeding: see www.usi.gov.au/create-your-USI/Pages/default.aspx. Once you have applied to enrol in an Outdoor Leadership Short Course your enrolment will be processed and you will then be asked to provide your USI by logging into our Student Connect system.

QUALIFICATIONS FOR COMPETENCY FIELD

These qualifications will be issued as Statements of Attainment from the Certificate III/Certificate IV in Outdoor Leadership, which is the recommended certification for those who are seeking recognition of prior learning and who wish to guide organised groups and others in the following activity areas.

| Abseiling Natural Surfaces:

Abseiling single pitch involves descending vertical or near vertical surfaces using ropes and descending friction devices where there is access to the top and bottom of the cliff.

| Bushwalking, Tracked Environments:

Controlled bushwalking involves walking on tracked and easy untracked areas that are reliably marked on maps, and are obvious on the ground for a day or overnight bushwalk.

| Bushwalking, Difficult Tracked Environments:

Difficult Tracked bushwalking involves walking in a range of unpredictable environments and locations, such as difficult with limited modifications to natural surface, or areas where track alignment is indistinct in places for a day or overnight bush walk.

| Bushwalking, Extremely Difficult Tracked and Untracked Environments:

Uncontrolled bushwalking involves walking in remote and difficult locations such as extreme bushland, arid, alpine or rainforest areas with no supervision and no modifications to natural surface on extended trips (i.e., multiple days).

| Canoeing/Kayaking Inland Flat Water:

Canoeing and kayaking has a broad scope. It involves paddling activities done in a variety of different locations from rivers and lakes to estuaries and open water

OUTDOOR LEADERSHIP SHORT COURSE STRUCTURE FOR EACH ACTIVITY

Outdoor Leadership Short Course Structure

The courses are divided up into two delivery sessions with the opportunity of gaining qualifications for each. The first group of units is the (PLA) outdoor supervision cluster (compulsory) and can be achieved online so candidates can start supervising as soon as possible. If you then wish to gain the qualification for an activity cluster (PSA) of units then through online learning and a practical assessment, successful completion of the units will enable a statement of attainment to be issued which would satisfy the requirements for running activities for any school, pathfinder club or peak body.

Once units have been achieved for your first course those units will not have to be repeated and if you wish to gain competence in another activity the course will be costed on what is left to be completed.

Online Units:

All units have an online component that can include instructional videos that are voiced over, multi-choice tests, assignments, log-books, journals, observation and third party reports detailing performance. Enrolment needs to be completed and paid for, before online learning can commence.

Practical Assessment:

Five candidates are required for an assessment in a particular area, at a local conference site. Pre-activity information will be sent prior to the assessment date on logistics, hazards and equipment that will be needed for the training and assessment session and information about where to meet and who the trainer/assessor will be. All practical assessments will be completed once the theory and the theory components of units have been completed. The presentation of a log book will be required by each candidate. Typically one day will be skills training and another day will be the assessment of the activity skills.

The best way to ensure an assessment, is to organize a group enrolment of at least 5 with a representative who can act as a contact person to support group members through training and assessment, so Avondale has the best chance of organizing dates and assessors.

Eligibility:

These courses are being offered on an (RPL) basis only which means you need to have an active position in a supervisory capacity with an organisation providing insurance for conducting outdoor activities. You need to also provide evidence that you are over the age of consent for guardianship to be supervising others.

Time:

All courses commence once the student has been given access to the course in Moodle and all assessments must be completed within the following time frame:

Short Course Term 3 & 4 enrolments (start 2nd half of yr): be completed by the middle of the following year

Short Course Term 1 & 2 enrolments (start 1st half of yr): be completed by the end of the year enrolled

Re - Assessments:

If a candidate is deemed not competent for a practical assessment then another assessment date can be negotiated at an additional cost of \$300 per day plus out of pocket expenses or the candidate may be able to join another group that is being assessed for the same activity.

Enrolment:

This is done by downloading the appropriate application form (and log where applicable) at www.avondale.edu.au/outdoorrec - click on 'Short Courses' tab on this page. Individuals should complete the Individual Application form and give it to the Group Coordinator who will complete the Group application.

Completed Group application forms together with the Individual application forms can be returned by email, post or fax to:

Administration Assistant, Discipline of Education Avondale University College

Fax: +61 2 4980 2190

Postal: SCHOOL OF EDUCATION, PO Box 19, Cooranbong NSW 2265

Email: outdoorleadership@avondale.edu.au (Course Convenor)

SHORT COURSES FOR ACTIVITIES

Course outline and cost structures are set out below for each of the activity competencies. Each competency cluster has a Outdoor Supervision component embedded within it which can be achieved separately for a minimum cost. Common units across competency clusters are only required to be achieved once.

BUSHWALKING, TRACKED ENVIRONMENTS

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder Leadership award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	BUSHWALKING Tracked Environments	\$390
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOBWG001	Bushwalk in tracked environments	
SISOBWG005	Lead bushwalks in tracked environments	
SISOFLD006	Navigate in tracked environments	
Total		\$550

* A practical assessment of 1 day is applicable to the above units.

* A Statement of Attainment for the competency field can be obtained

These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Bushwalking competency field (Tracked) only and should be considered before registration.

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass with base plate, whistle, torch, toilet paper and water bottle.

Required Skills

- | Calculate grid references, grid and magnetic bearings
- | Orientate a map
- | Estimate distance
- | Follow a route using map and compass
- | Demonstrate walking rhythm, ascending and descending technique

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment, communications).
- | Demonstrate how to fit and adjust a pack
- | Monitor appropriate clothing and footwear
- | Monitor progress and spacing of group
- | Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked under supervision on 3 occasions on different tracks and also show evidence that they have lead groups on 3 different occasions. Day trips are acceptable but one big long trip cannot account for multiple occasions. The assessment period will account for one lead experience. Some orienteering events could account for some of the skill development occasions. A summary log needs to contain multiple entries and a number of columns indicating: Date, Location, Access points, Distance, Days, Role (leader, participant), Group type (school, club, etc), Grade (tracked, trackless, unmodified), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc). Verification name and phone number of a witness to your logged experience.

BUSHWALKING, Difficult Tracked Environments

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder Leadership Award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	BUSHWALKING Difficult and Trackless	\$390
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOBWG002	Bushwalk in difficult tracked environments	
SISOBWG006	Lead bushwalks in difficult tracked environments	
SISOFLD007	Navigate in difficult tracked environments	
Total		\$550

*A practical assessment of 2 day is applicable to the above units

*A Statement of Attainment for the competency field can be obtained

These units provide a credit towards a Certificate IV in Outdoor Recreation (SIS50310) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leadership Registration Scheme (NOLRS).

The following information refers to the Bushwalking competency field (Difficult Tracked) only and should be considered before registration.

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, o-track footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass, whistle, torch, toilet paper and water bottle.

Required Skills

- | Calculate grid references, grid and magnetic bearings
- | Orientate a map
- | Estimate distance
- | Follow a route using map and compass
- | Demonstrate walking rhythm, ascending and descending technique

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment, communications).
- | Demonstrate how to fit and adjust a pack
- | Monitor appropriate clothing and footwear
- | Monitor progress and spacing of group
- | Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked with minimum supervision on 3 occasions, one for 2 days. They also need to show evidence that they have lead groups on 3 separate occasions. Day trips are acceptable but one big long trip cannot account for separate occasions. The assessment period will account for one lead trip. Some orienteering events could account for some of the skill development occasions. A summary log needs to contain a number of columns indicating: Date, Location, Access points, Distance, Days, Role (leader, participant), Group type (school, club, etc), Grade (tracked, trackless), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc). Verification name and phone number of a witness to your logged experience.

BUSHWALKING, Extremely Difficult Tracked and Untracked Environments

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder leadership Award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	BUSHWALKING, Extremely Difficult Tracked and Untracked Environments	\$480
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOBWG004	Cross rivers during bushwalks	
SISOBWG003	Bushwalk in extremely tracked and untracked areas	
SISOBWG007	Lead bushwalk in extremely tracked and untracked areas	
SISOFLD008	Lead bushwalks in extremely difficult tracked and untracked areas	
Total		\$640

*A practical assessment of 3 days is applicable to the above units

*A Statement of Attainment for the competency field can be obtained

These units provide a credit towards a Diploma in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Bushwalking competency field (Difficult Tracked and Untracked) only and should be considered before registration.

Equipment per student

Hiking Pack 70 L, tent, sleeping bag, mat, cooker, off-track footwear, water proof jacket, fleece, thermals, sun hat, beanie, long pants or gaiters, first aid kit, compass, whistle, torch, toilet paper and water bottle.

Required Skills

- | Calculate grid references, grid and magnetic bearings
- | Orientate a map
- | Estimate distance
- | Follow a route using map and compass
- | Demonstrate walking rhythm, ascending and descending technique

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment, communications).
- | Demonstrate how to fit and adjust a pack
- | Monitor appropriate clothing and footwear
- | Monitor progress and spacing of group
- | Monitor food/water intake and minimum impact

Logged Experience

Participants need to have logged evidence within a 3-year period indicating they have bushwalked without supervision on 3 occasions. They also need to show evidence on 3 occasions that they have lead groups with at least one extended trip 3 days). Day trips are acceptable but one big long trip cannot account for separate occasions. The assessment period will account for one lead off-track experience. Some orienteering meets could account for some of the skill development occasions. A summary log needs to contain a number of columns indicating: Date, Location, Access points, Distance, Days, Role (leader, participant), Group type (school, club, etc), Grade (tracked, trackless, unmodified), Terrain (easy, difficult, remote), Season, Weather (hot and dry, cold and wet, etc). Verification name and phone number of a witness to your logged experience.

CANOEING INLAND FLAT WATER

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder Leadership Award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	CANOE INLAND FLAT WATER	\$300
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOCNE002	Paddle a canoe on inland flatwater	
SISOCNE005	Lead canoeing activities on inland flatwater	
Total		\$460

*A practical assessment of 1 day is applicable to the above units

*A Statement of Attainment for the complete competency field can be obtained

These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Canoeing competency field only and should be considered before registration.

Equipment per student:

Canoe, paddle, PFD, appropriate footwear, hat, sunglasses, lunch and water. Any other specialised equipment will be provided.

Required Skills

- | Participants will need to demonstrate their ability to swim 50m whilst clothed and wearing a personal flotation device (PFD).
- | Embark/disembark techniques
- | Capsize procedures – X rescue, re-entry techniques & tows
- | Forward, sweep, draw, J and support strokes
- | Communication signals – hand & whistle
- | Securing and loading a trailer

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment).
- | Demonstrate how to fit and adjust PFD
- | Demonstrate how to hold paddle
- | Monitor launch, progress and spacing of group
- | Monitor food/water intake and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have completed 3 canoeing trips, at least 1 solo and lead 3 canoeing sessions. The assessment period will account for one lead experience. A summary log needs to contain a number of columns indicating:- Date, Location, Access points, Distance (Km), Days, Role (leader, participant), Group type (school, club, recreational, etc), and a column for name and phone number.

KAYAKING INLAND FLAT WATER

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder Leadership Award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	KAYAKING INLAND FLAT WATER	\$300
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOKYK001	Paddle a kayak on inland flatwater	
SISOKYK005	Lead kayaking activities on inland flatwater	
		Total \$460

*A practical assessment of 1 days is applicable to the above units

*A Statement of Attainment for the complete competency field can be obtained

These units provide a credit towards a Certificate III in Outdoor Recreation (SIS30413) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Kayaking competency field only and should be considered before registration.

Equipment per student:

Kayak, paddle, PFD, appropriate footwear, hat, sunglasses, lunch and water. Any other specialised equipment will be provided.

Required Skills

- | Participants will need to demonstrate their ability to swim 50m whilst clothed and wearing a personal flotation device (PFD).
- | Embark/disembark techniques
- | Capsize procedures – X/Y rescue, re-entry techniques, hand rescue, deck carries & tows
- | Forward, sweep, draw and support strokes
- | Communication signals – hand & whistle
- | Securing and loading a trailer

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment).
- | Demonstrate how to fit and adjust PFD
- | Demonstrate how to hold paddle
- | Monitor launch, progress and spacing of group
- | Monitor food/water intake and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have completed 3 kayaked trips, at least 1 solo and lead 3 kayaking sessions. The assessment period will account for one lead experience. A summary log needs to contain a number of columns indicating:- Date, Location, Access points, Distance (Km), Days, Role (leader, participant), Group type (school, club, recreational etc), and a column for Verification signature or phone number.

ABSEILING NATURAL SURFACE

COURSE (PLA)	OUTDOOR SUPERVISION (Pathfinder Leadership Award)	\$160
SISOPLN001	Finalise operation of outdoor recreation activities	
SISOCAI006	Facilitate groups	
SISOPLN004	Identify, assess and control risks for outdoor recreation activities	
SISXEMR001	Respond to emergency situations	
COURSE (PSA)	ABSEILING NATURAL SURFACE	\$570
PUAOPE013	Operate communications systems and equipment	
SISOFLD002	Minimise environmental impact	
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	
SISOABS003	Abseil single pitches, natural surfaces	
SISOABS006	Establish ropes for single pitch abseiling on natural surfaces	
SISOABS009	Lead single pitch abseiling activities on natural surfaces	
SISORSC002	Perform vertical rescues	
SISOFLD006	Navigate in tracked environments	
		Total \$730

*A practical assessment of 2 days minimum is applicable to above units

*A Statement of Attainment for the complete competency field can be obtained

These units provide a credit towards a Certificate III in Outdoor Leadership (SIS30619) and can be utilised as the basis for the registration requirements of programs like the National Outdoor Leader Registration Scheme (NOLRS)

The following information refers to the Abseiling Skill Set only and should be considered before registration.

Equipment per student

Personal harness kit, hair net, off-track footwear, sun hat, long pants, first aid kit, toilet paper and water bottle.

Required Skills

- | Safely and efficiently set up cannoning (retrievable), fixed abseil using equalised rigging lines, lowerable, top belay, and fixed abseil (equalised using only one rope) anchor systems
- | Safely fit, attach, and use all abseiling equipment
- | Perform all safety checks
- | Use and respond to safety calls
- | Abseil on a variety of terrain
- | Safely perform belay procedures (bottom brake, self-belay, and top belay)
- | Safely escape a top belay system
- | Perform foot-wrap to unlock a self-belay
- | Ascend a rope and change from ascending to descending and from descending to ascending in a failsafe manner
- | Abseil past a knot in a failsafe manner
- | Change from one rope to another in mid-abseil in a failsafe manner
- | Attach an improvised chest harness to a victim in mid-abseil
- | Set up and operate a z-drag hauling system
- | Manage a raising rescue using a hauling system
- | Manage a lowering rescue using a hauling system

Leading skills

- | Conduct a brief/debrief (objectives, hazards, equipment).
- | Demonstrate how to fit and adjust harnesses and helmets
- | Demonstrate how to abseil safely
- | Manage clients abseiling with a top belay
- | Monitor client safety, food/water intake, and minimum impact

Logged Experience

Participants need to have evidence within a 3-year period, indicating they have performed 4 separate rescue scenarios, descended 6 natural descents on 2 different pitches, and lead a group on 3 separate sessions. The assessment period will account for one lead experience. A summary log needs to contain a number of columns indicating: Date, Location, Access points, Height of abseil, Role (leader, participant), Group type (school, club, recreational, etc.), Belay type (Top, bottom, self-belay), Anchor type (anchors and type of setup used) and a column for Verification signature or phone number.

SHORT COURSES FOR ACTIVITY SKILL SETS

These are a mini sets of skills that link to a regulatory requirement or a defined industry need where the whole qualification is not required and workers just need a very specific skill set.

SISOO123 CHALLENGE COURSE LEADER		\$340
SISOCHC001	Lead challenge course sessions, low elements	
SISOCHC003	Lead challenge course sessions, high elements	
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	
SISXCCS001	Provide quality service	
SISXEMR001	Respond to emergency situations	
SISXFAC001	Maintain equipment for activities	
SISOO122 ARTIFICIAL CLIMBING		\$430
SISOCLM001	Top rope climb single pitches, artificial surfaces	
SISOCLM005	Establish belays for single pitch climbing on artificial surfaces	
SISOCLM008	Lead single pitch climbing activities on artificial surfaces, top rope climbing	
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	
SISXCCS001	Provide quality service	
SISXEMR001	Respond to emergency situations	
SISXFAC001	Maintain equipment for activities	
SISSO126 WILDERNESS FIRST AID		\$270
HLTAID003	Provide first aid	
SISOFD004	Provide first aid in remote locations	
SISXEMR002	Coordinate emergency responses	



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