

JOHN BALLARD TRIM HEALTH MINISTRY PRIZE

Purpose of the Prize

Avondale University offers the John Ballard Trim Health Ministry Prize for outstanding achievement in the study of wholistic health and wellbeing and its application in the community. Students enrolled in the Graduate Diploma in Lifestyle Medicine or the Master or Doctor of Philosophy in an area related to lifestyle medicine, wholistic health and wellbeing or community health outreach, offered by or under the supervision of an academic from Avondale will be eligible for the prize.

Avondale alumnus Pastor John Trim's innovative ministry combined a lifelong interest in public relations with a passion for wholistic health and wellbeing. As a departmental director for the Seventh-day Adventist Church in the 1960s, he established the first Five-Day Plan to Stop Smoking programs in New Zealand and in western India. In the 1970s, in Australia, he broke new ground with community health outreach programs, establishing a Better Living Centre as a local church minister in Brisbane and then providing outstanding leadership to Sydney Adventist Hospital's Health Education Centre. In the 1980s, he served as Director of Health and Temperance for the Seventh-day Adventist Church in eastern Australia and New Zealand. Among his achievements were introducing the Heartbeat Coronary Risk Assessment Program in Australia.

Pastor Trim became the first Australian Adventist to graduate with a Master of Health Administration degree and was the first to be elected as a member of the Australian College of Health Administrators. The church recognised these achievements by appointing Pastor Trim as Chief Administrative Officer of Sydney Adventist Hospital. He filled this position for six years during a period of major growth and change, introducing innovative administrative reforms and strengthening community health outreach. He then retired to the United Kingdom in 1990, serving as a volunteer in academic positions at Newbold College and later at Mission College in Thailand. Pastor Trim passed away at Cooranbong in November 2016.

Selection Criteria

To be nominated for the prize, students must:

1. Enrol in the Graduate Diploma in Lifestyle Medicine or in the Master or Doctor of Philosophy in an area related to lifestyle medicine, wholistic health and wellbeing or community health outreach;
2. Demonstrate outstanding academic results in the Graduate Diploma in Lifestyle Medicine course or the Master or Doctor of Philosophy course where focused on a lifestyle medicine, wholistic health and wellbeing or community health outreach topic; and
3. Demonstrate involvement in community health and lifestyle wellness programs.

Preference will be given to students who are eligible for employment as a minister in Australia, New Zealand or the South Pacific.

Administration of Prize

1. Each year the Prizes Coordinator will request a ledger for this fund from Avondale's business office to ascertain the balance of the reserve for this prize and confer with the Trim family regarding the balance of funds and continuing sponsorship.
2. Any changes to the criteria will be forwarded by the Prizes Coordinator to the Scholarships and Prizes Committee, and once approved, will be uploaded to the Avondale website.
3. Potential prize recipient(s) will be nominated by the Course Convenors of the Graduate Diploma in Lifestyle Medicine and the Master and Doctor of Philosophy courses, and details will be supplied to the Trim family at least one month before the announcement of prize winners.
4. A representative of the Trim family will approve (or decline to give approval for) a nominee no later than one month before the announcement of winners.
5. The name of the approved nominee will be presented to the Learning and Teaching Committee for final approval.
6. Only one prize will be awarded each year. The prize may or may not be awarded in any particular year. If for any reason no nomination is made under 3. above, Avondale shall advise the Trim family no later than one month before the announcement of winners.
7. The prize is not transferable and cannot be deferred. The award of the prize may be suspended or terminated at any time at the discretion of the Trim family, provided that final approval has not already been given for the award of a prize as specified under 4. above. However, on inception of the prize, it is anticipated the prize will be awarded for at least five years.

Sponsorship and Administration of Prize Funds

The prize shall initially be for the value of \$500 and shall be provided by way of a pre-paid gift card. The Trim family will periodically donate funds to be held in trust by Avondale for award of the John Ballard Trim Health Ministry Prize. Avondale will be responsible for the administration of the funds held in trust, with interest applied to the prize fund. If the prize is terminated, the balance of the prize trust fund must be repaid to the Trim family in accordance with the written direction of a representative of the Trim family within one month of notification.

Presentation of Prize

The prize will be presented during the year-end graduation ceremony. Prize recipients who are not graduating in the current year will receive their prize at the *Welcome to Avondale* ceremony at the commencement of the next academic year.

Citation

This JOHN BALLARD TRIM HEALTH MINISTRY PRIZE
is awarded in recognition of:
outstanding academic performance in the Graduate Diploma in Lifestyle Medicine course
or the Master or Doctor of Philosophy course where focused on a lifestyle medicine,
wholistic health and wellbeing or community health outreach topic; and
for demonstrated involvement in community health and lifestyle wellness programs.

This prize is sponsored by the family of Pr John Trim
and is awarded to
[name of recipient]