

# VAPING CESSATION MASTERCLASS

Live Online Training Course with Professor Renee Bittoun

Extend and develop your knowledge and skills in vaping cessation & nicotine addiction to apply in primary and allied healthcare.



**P**rofessor Renee Bittoun is a world-renowned tobacco cessation expert and a conjoint professor of Avondale University's Lifestyle Medicine & Health Research Centre. For many years Renee has led training in tobacco cessation in Australia and around the globe, recently commencing a Sydney-based vaping clinic to respond to the rapid rise in e-cigarette use.

**Melinda Barone**, a senior integrative psychologist and adjunct lecturer at Avondale, will join Renee in teaching behavioural management techniques.

## Who will benefit:

The Vaping Cessation Masterclass specifically targets health professionals who have already completed some training in nicotine and smoking cessation, whether with Renee over previous years or with other providers.

Participants will receive a **Certificate of Attendance** that can be used for continued professional development.

## Topics include:

- Vaping cessation - the evidence: Is vaping cessation the same as smoking cessation?
- Vaping & particular groups: adolescents, pregnancy, mental health, drug & alcohol dependency
- Comparison of vaping and smoking withdrawals. Are they the same?
- Vaping cessation - assessing a patient, valid questionnaires
- Biomarker tests (practical demonstration)
- Treatment protocols and plans
- Pharmacotherapy options & managing withdrawals
- Behavioural management options - Are behavioural strategies for vaping cessation the same as smoking cessation?
- Pharmacy role - prescriptions & dispensing
- Managing diverse patient profiles
- Case presentations

**\*\* EARLY BIRD DISCOUNT AVAILABLE! - REGISTER BEFORE APRIL 14, 2024 \*\***

**THURSDAY MAY 9, 2024 LIVE ONLINE VIA ZOOM**

Hosted and taught by Professor Renee Bittoun, along with clinical psychologist Melinda Barone. Avondale's teaching faculty has many years of experience in clinical practice and professional training regarding nicotine addiction, smoking and vaping cessation. For more information, please contact [lifestylemedicine@avondale.edu.au](mailto:lifestylemedicine@avondale.edu.au)



To enrol, or find out more about the course, scan the barcode or go to <https://www.avondale.edu.au/study/apply/professional-development/vaping-cessation-masterclass/>